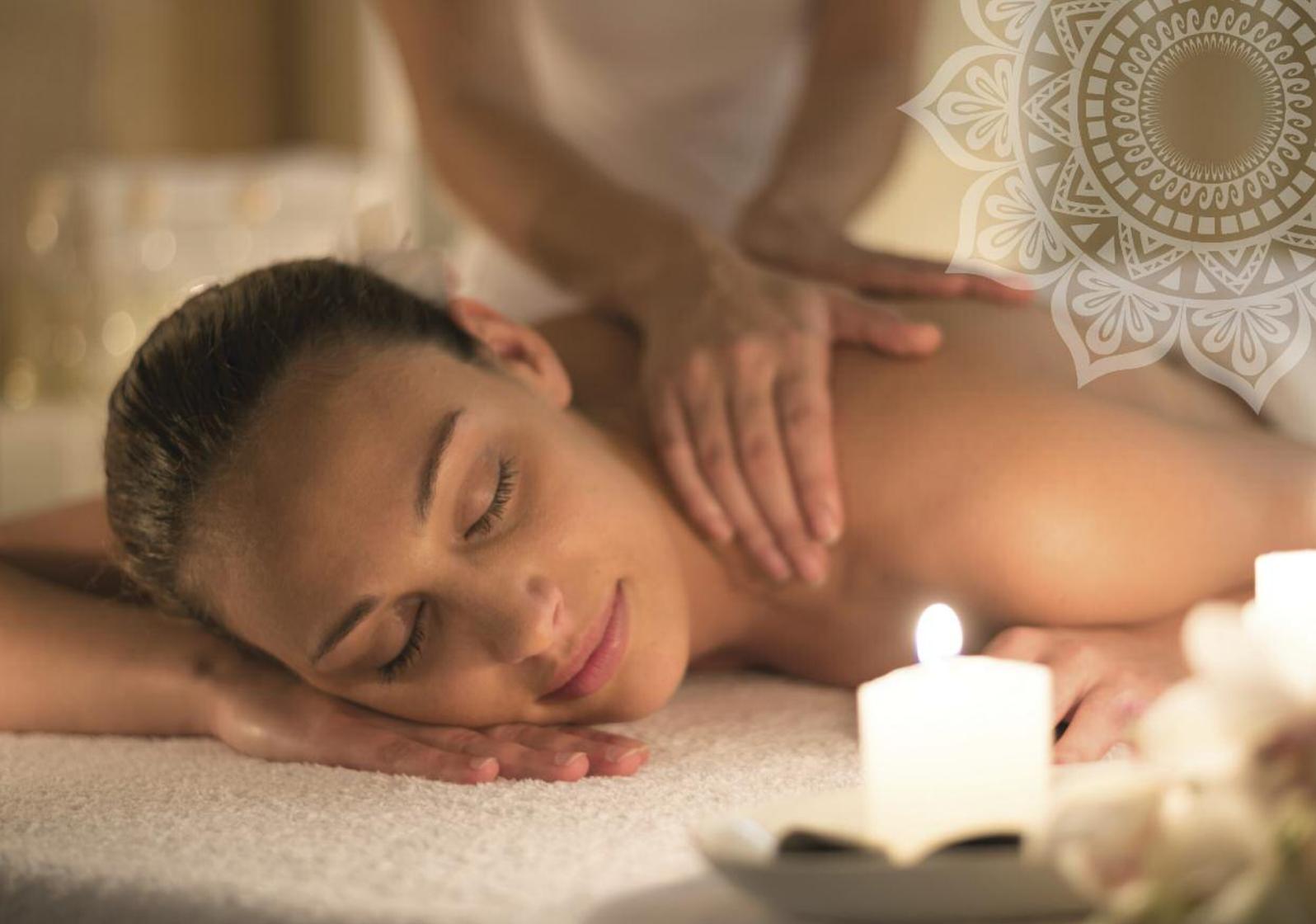


Ezina Spa

— HAWKCHURCH —

TREATMENT GUIDE AND PRICE LIST

RELAX • DE-STRESS • REVIVE



Welcome to Ezina Spa



At Ezina Spa we are proud to partner with Aromatherapy Associates; their passion for essential oils and plant extracts stems from the understanding that their power can transform your physical and mental wellbeing. For over 30 years Aromatherapy Associates have harnessed this knowledge to deliver award-winning skincare products that nourish, rejuvenate and protect from the inside out. Our highly trained therapists will begin each treatment with a consultation to find out what your emotional and physical needs are. We look forward to welcoming you to Ezina Spa.

Our range of luxurious treatments also includes indulgence for the hands and feet – through our partnership with Jessica, we provide manicures and pedicures for both men and women. Healthy natural nails are not a privilege and Jessica reveals the natural beauty of every nail through hand and cuticle treatments, prescriptive base coats and extra glossy top coats. You will find proven ingredients such as Almond Oil, Vitamin E, Echinacea and Zinc to nourish and nurture different nail needs. It's the ultimate in nail nutrition.

Booking Information

Individual treatments will require a pre-payment of 50% of the total treatment charge at time of booking; the remaining 50% will then be charged after your treatment. Full payment of Spa Packages will be required upon booking.

We recommend booking treatments at least 24 hours in advance in order to avoid disappointment.

Any treatment cancellations must be made at least 24 hours in advance of your scheduled treatment time, otherwise the full cost of the treatment will be charged. Cancellations of spa packages must be made 7 days prior to your booking. If the notice is not given the full cost of the treatment will be charged.

Please ensure that you arrive at the spa at least 15 minutes prior to your appointment in order to make full use of your treatment time and consultation. If you are having a body treatment we will provide you with a robe, towel and slippers upon arrival. Swimwear must be worn at all times.

**For all spa enquiries please call 01297 678402
or email ezinaspa@hawkchurchresort.co.uk**

Spa Etiquette

The spa is a place of peace and tranquillity; please respect that guests are using the facilities to escape the noise of the outside world. We request that you avoid the use of mobile phones where possible. We strongly recommend that you leave your belongings and valuables in a locker. Please ensure you retrieve all belongings before leaving the spa. We thank you in advance for your cooperation and wish you a relaxing and invigorating experience at Ezina Spa.

SIGNATURE TREATMENTS

Ezina Spa Indulgence

60 MIN - £75.00

Let us melt away your tension with this indulgent back neck and scalp massage.

The treatment begins with a brush application of warm Rose Hydrating Body Gel to heat up the muscles whilst quenching a thirsty skin.

Aches and pains are then massaged away with our luxurious Nourishing Enrich Body Oil containing exotic flowers of tuberose and ylang ylang, known for their mood enhancing properties.

The treatment is completed with an ayurvedic scalp and shoulder massage helping to clear the mind and organise your thoughts.

The application of Nourishing Enrich Hair Treatment Oil is optional.

This signature treatment designed for Ezina Spa will ease away sore and tired muscles on your back, neck, shoulders and scalp.

Moroccan Rose

120 MIN - £135.00

Bring back your radiance with this comforting, restorative treatment. Moroccan Rose is a signature treatment, created by Aromatherapy Associates for Ezina Spa, featuring a cleansing olive grain exfoliation to the whole body and traditional aromatherapy full body massage. The face is then cleansed, exfoliated and toned using Hydrating Rose products. This bespoke treatment is completed with a lymphatic drainage massage using Rose Quartz stones.

This treatment leaves your skin radiant, soft and smooth and your spirits bright and uplifted.

BODY TREATMENTS

The Ultimate Aromatherapy Experience

FULL BODY - 60 MIN £70.00

FULL BODY AND FACE - 90 MIN £110.00

This hero treatment starts with an aroma test to allow you to choose the most suitable for you. With your chosen oil, your therapist will use carefully applied pressures to stimulate the nervous system, Swedish and neuromuscular techniques to relieve muscular tension, and lymphatic drainage to encourage healthy circulation. This treatment works from your head to your toes, it will dissolve away all of your stress and tension. This is an intense massage ritual drawn from a fusion of eastern and western techniques enabling the therapist to work on your body, mind and spirit. Choose from either the 60 minute full body treatment or add the facial and indulge in a 90 minute experience.

This treatment releases tension held in every part of your body leaving you feeling deeply relaxed and recharged.

BODY TREATMENTS

The Ultimate Back Massage

30 MIN - £40.00

During this tension easing massage your therapist will use carefully applied pressures to the back, neck and shoulders helping to stimulate the nervous system while relieving muscular tension, aches and pains.

This signature massage is designed to alleviate deep-seated tension and muscular stress.

Intensive Muscle Release

60 MIN - £70.00

This deeply restorative treatment is specifically designed for tight, stressed and aching muscles. Swedish and cross muscle fibre massage techniques, with stretching and draining, are combined with essential oils known for their beneficial effects on the circulation.

An intensive massage that works deep into stiff, tight aching muscles to release pain and tension.

The Ultimate Detox Reviver

60 MIN - £70.00

This invigorating treatment is specifically designed for those looking for an intensive body detox. The perfect therapy when you are dieting, feeling sluggish and lacking energy. The ultimate trilogy of body brushing, exfoliation and mud mask stimulate lymph, remove dead skins cells while re-mineralising the skin.

The result is a deeply recharged mind and a re-energised body.

Clear Your Mind

90 MIN - £110.00

Calm a stressed and confused head with a refreshing yet soothing experience for body, mind and soul. A combination of a camomile and olive grain scrub to refresh legs and feet, followed by spiritually uplifting inhalation of frankincense and a traditional aromatherapy massage to target symptoms of stress. You are then treated to an Ayurvedic scalp and facial massage which works on your complete wellbeing to relieve anxiety and emotional exhaustion.

Perfect for times of stress and over activity, this treatment helps the mind unwind and refocus, getting you back on track.

SCRUB & WRAP TREATMENTS

Intense Nourishment

90 MIN - £110.00

An intensive salt and coffee full body exfoliation stimulates the circulation and sloughs off dead cells to revive dull tired-looking skin. Attention is given to the hands and feet as well as the body which is layered in hydrating and mineralising marine algae and then massaged, Swedish style, with a blend of four highly nourishing plant oils. Skin is then protected with velvety moisturising body butter and finally a scalp massage dissolves tension and stress.

Nourish body and soul with this luxurious treatment designed to rejuvenate dry, out-of-condition skin. Your skin has never felt so amazing.

Rose Hydrator

60 MIN - £70.00

Precious essential oil of damask rose works on capillary circulation renewing the skin whilst the aroma has an expansive quality that soothes the emotions and nurtures the heart. The treatment begins with a gentle olive grain exfoliation followed by the application of nourishing oils to cuticles and heels and then the body is layered in a hydrating and regenerating rose gel. A moisturising and softening mix of oil and cream with evening primrose oil and shea butter is smoothed on before being left to penetrate with the body's own heat under a wrap. An Ayurvedic scalp massage with frankincense inhalation works simultaneously on the physical, mental and emotional aspects.

This treatment leaves your skin radiant, soft and smooth and your spirits bright and uplifted.



Bespoke Skin Polish

30 MIN - £35.00

A relaxing all over exfoliation and layering of richly nourishing products to leave the skin looking radiant and feeling wonderfully smooth.

PREGNANCY TREATMENTS

Ultimate Rose Pregnancy Massage

60 MIN - £70.00

Feel nurtured and supported in a time of constant change.

Choose from a selection of three oils each safely formulated to be used during pregnancy to nourish and care for your expanding skin. Using the traditional aromatherapy pressure point massage for the upper back and paying particular attention to tight shoulders, this massage helps to relieve stress and tension. The legs are massaged to ease the heavy feeling that can come with pregnancy and a full scalp and facial massage, with treatment oil chosen specifically for your skin type, completes this top to toe treatment.

Give yourself a moment to appreciate the joy of pregnancy and leave the stresses of life behind you.

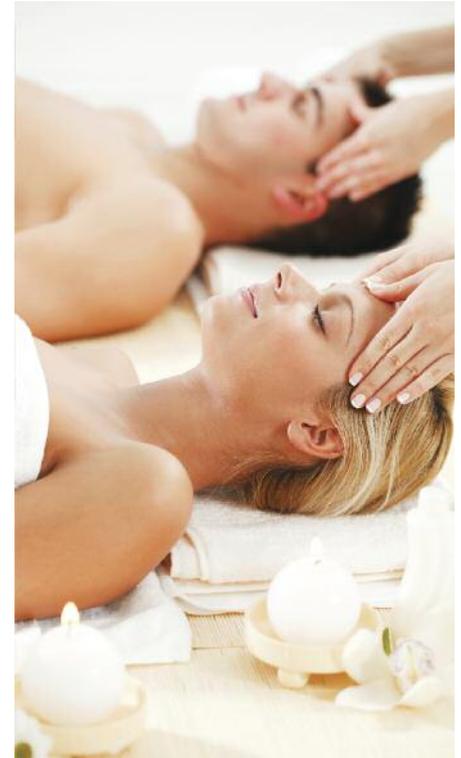
COUPLES TREATMENTS

COUPLES MASSAGE

60 MIN - £140.00

You will both be treated to the Ultimate Aromatherapy Experience whereby your therapists will use carefully applied pressures to stimulate the nervous system, Swedish and neuromuscular techniques to relieve muscular tension, and lymphatic drainage to encourage healthy circulation. This treatment works from your head to your toes, it will dissolve away all of your stress and tension. This is an intense massage ritual drawn from a fusion of eastern and western techniques enabling the therapist to work on your body, mind and spirit.

This treatment releases tension held in every part of your body leaving you both feeling deeply relaxed and recharged.



FACIAL TREATMENTS

Essential Rose Facial

60 MIN - £70.00

90 MIN - £110.00 *(Includes a tension-relieving back massage)*

This calming treatment begins with frankincense inhalation and a scalp massage to release muscular tension. Your skin is then cleansed and toned, followed by a traditional aromatherapy pressure point massage combined with lymphatic drainage to release facial tension and congestion. Then, while a hydrating facial mask goes to work, your arms and hands are massaged and your skin is finally treated with a deeply moisturising facial oil and moisturiser.

This treatment helps to boost your circulation and promote cell renewal and regeneration, leaving your skin radiant, dewy and delicately scented.

Ultimate Aromatherapy Associates Facial

30 MIN - £40.00

60 MIN - £70.00

90 MIN - £110.00 *(Includes a tension-relieving back massage)*

A bespoke facial, designed to suit your individual skin needs. A combination of the finest pure essential oils and plant extracts are applied with specifically designed massage techniques, to restore and recondition the skin, leaving the complexion smooth and luminous.

Restores and reconditions individual skincare needs, leaving your complexion smooth and luminous.

Rose Infinity Facial

90 MIN
£110.00

The Rose Infinity Collection radically increases moisture levels and stimulates collagen production. Wrinkles and lines are plumped out for visibly smoother, younger looking skin. A gentle, natural enzyme peel works to re-surface and illuminate allowing other products to penetrate deeper into the skin. Our bespoke massage will help to stimulate circulation and diminish puffiness. While our signature scalp, neck and shoulder massage will melt away any stress and tensions.

A treatment that offers skin an instant lift while nourishing and hydrating.

Deep Cleanse Facial

60 MIN - £70.00

The perfect treatment for oily and combination skin. Cleansing and exfoliation is followed by steaming, extraction and a hot towel compress to refine the pores. A facial massage using drainage techniques improves circulation and helps eliminate toxins whilst special pressure points ease tension and stress. A freshwater mud mask then draws out dirt and harmful impurities. This treatment also includes a scalp massage and hand and arm massage for complete care and ultimate relaxation.

This treatment refreshes and balances, leaving the complexion super clean and fresh

AROMA RADIANCE LIFT SYSTEMS

Aroma Radiance Lift Systems

By stimulating the body's own natural bio-electric pulses through low level and gentle micro currents will not only help deliver active ingredients deeper into the skin, enabling the products to work more effectively, but also visibly lift, even skin tone, smooth texture and illuminate your complexion.

BIOELECTRIC GEL:

Hydrating Gel combining jambu jambu and sodium hyaluronate to smooth fine lines and visibly plump the skin.

SKIN BOOSTERS:

Vitamin C	Brightens and boosts skin's vitality
Magnesium	Tones facial muscles
Zinc	Deep cleanses and calms breakouts

Ultimate Aroma Radiance Facial

90 MIN - £120.00

An exfoliating enzyme peel or a deep cleanse will be applied depending on your skin's needs. Regenerating rose essential oils and your chosen skin booster are applied using gentle micro-currents to deliver active ingredients deep into the layers of the skin. While your skin indulges in Aromatherapy Associates' award-winning Overnight Repair Mask, a deeply relaxing shoulder and décolleté massage will then leave you calm, comfortable and rejuvenated.

A treatment offering extremely nourished, hydrated, clear skin with instantly visible lifting and toning of facial muscles, leaving the skin plump and radiant as well as reducing fine lines and wrinkles.

Aroma Clear Facial

60 MIN
£85.00

A deeply cleansing and brightening facial using gentle, anti-bacterial high frequency currents to help reduce blemishes and purify the pores, leaving skin clear, clean and bright. Aromatherapy Associates' Deep Cleanse Face Mask is also applied while you indulge in a relaxing shoulder and décolleté massage followed by the application of our specially formulated Bioelectric Gel to rehydrate the skin.

The perfect treatment to achieve a clean, clear and bright complexion full of health and vitality.

Aroma Lift Facial

60 MIN - £85.00

The perfect facial to achieve an exceptionally nourished and rejuvenated complexion. Focusing on reducing fine lines, wrinkles and boosting skin luminosity, the Aroma Lift Facial combines an exfoliating enzyme peel, the application of regenerating rose products and skin boosters along with gentle electric micro current stimulation to re-educate facial muscles, leaving skin plump, nourished and radiant.

This treatment lifts and tones facial muscles, smooths fine lines, re-plumps skin and results in a radiant complexion.



The Ultimate Back Massage

30 MIN - £40.00

In this tension easing massage your therapist will use carefully applied pressures to the back, neck and shoulders helping to stimulate the nervous system while relieving muscular tension, aches and pains.

This signature massage is designed to alleviate deep-seated tension and muscular stress.

Intensive Muscle Release

60 MIN - £70.00

This deeply restorative treatment is specifically designed for tight, stressed and aching muscles. Swedish and cross muscle fibre massage techniques, with stretching and draining, are combined with essential oils known for their beneficial effects on the circulation.

An intensive massage that works deep into stiff, tight aching muscles to instantly release pain and tension.

Gentlemen's Club Hand and Nail Care

30 MIN - £25.00

Hands are exfoliated to remove dryness and massaged with treatment creams. Cuticles are conditioned and groomed and nails are trimmed and shaped.

Executive Foot Care for Men

45 MIN - £40.00

A relaxing and grooming foot and leg treatment; hard skin is removed, feet and legs are massaged with deep conditioning creams leaving them softer and smoother. Cuticles will be made neat and tidy and toe nails will be perfectly shaped.

The Refinery Ultimate Face and Body Treatment

90 MIN - £110.00

The ultimate, all-inclusive cleansing and rejuvenating treatment including a back exfoliation, cleanse and a stress relieving back/scalp massage, bringing relief to an overactive mind and tired or aching muscles. A deep cleansing facial using the finest essential oils is also performed to rebalance, clarify and hydrate the skin, leaving it bright, thoroughly clean and refreshed.

For an overall relaxing treatment that includes a relaxing massage and balancing facial.

The Refinery Essential Facial

60 MIN - £70.00

A treatment suitable for all skin types, particularly dull skin looking for a deep cleanse. A deep cleansing and brightening facial that will leave skin looking clean, luminous and deeply hydrated with rich, invigorating essential oils and botanical extracts. To complement the relaxing properties of this treatment, a relaxing scalp massage is also performed, leaving you with a calm and comforted state of mind.

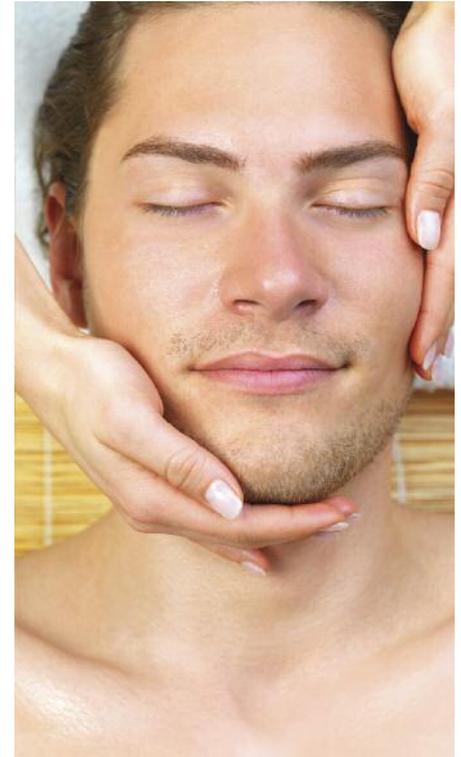
This treatment refreshes and balances, leaving skin feeling clean and bright.

The Refinery Power Lift Facial

90 MIN - £120.00

This treatment is for men concerned with fine lines and wrinkles. A results-driven facial that will tighten, firm, reduce fine lines/wrinkles whilst nourishing the skin with the finest botanical blends and therapeutic essential oils. Utilising the latest, non-invasive electrical impulses to aid the absorption of the active ingredients and stimulate the skin, this facial will leave skin toned, hydrated and firm.

A treatment that offers skin an instant lift while nourishing and hydrating.





Instant Eye Repair

30 MIN - £30.00

Refresh and brighten your eyes with this revitalising eye treatment, the perfect addition to any facial. This treatment uses specialised massage techniques to improve micro-circulation and drainage, helping reduce puffiness. Gentle shoulder release techniques and a scalp massage free the circulation and improve blood supply to the eyes.

Aching Foot Relaxer

30 MIN - £30.00

Refresh and support tired, aching feet after a long day on the go with this specially selected combination of essential oils to stimulate and invigorate. Feet and lower legs are brushed, soaked, exfoliated and refreshed with hot towels before gel and oil are massaged into the skin. Cuticles and heels are deeply nourished with natural plant oils.

Intensely Nourishing Hand Treatment

30 MIN - £30.00

An indulgent yet deeply restorative treatment for dry, hard working and out of condition hands. A salt and coffee exfoliation smooths followed by a rich application of vitamin E oil and a marshmallow and calendula mask to soothe and condition. Relax while your hands and lower arms are wrapped to allow the moisturising natural actives to work. They are then treated to enriching layers of exotic serum, oil and velvety butter to hydrate, nourish and protect.

Manicure & Pedicure



LeRemedi Hand Treatment

20 MIN - £15.00

A complete exfoliating and conditioning hand treatment, leaving hands noticeably silkier, smoother and firmer than before.

Jessica Prescriptive Manicure

45 MIN - £40.00

Nails are analysed and treated for their specific type. Jessica's prescriptive manicure includes exfoliation, massage and cuticle care. Nails are beautifully shaped and treated with a prescriptive basecoat before finishing with the perfect polish.

Deluxe Manicure with LeRemedi Hand Treatment

60 MIN - £50.00

The ultimate in hand and nail care. All the benefits of the LeRemedi Hand Treatment combined with Jessica's Express Manicure. Hands and cuticles are conditioned and moisturised. Nails are beautifully shaped and treated with a prescriptive basecoat, completed by the perfect polish to take home.

ZenSpa Pedicure

45 MIN - £40.00

Choose between energising ginger, calming green tea or revitalising citrus for this luxury foot and leg treatment. Hard skin will be removed, feet and legs will be massaged with deep conditioning creams leaving them softer and smoother, your cuticles will be groomed and your toenails will be beautifully shaped. Ready for your chosen colour to be perfectly applied and is yours to take home.

Luxury ZenSpa Pedicure

60 MIN - £50.00

Jessica's ZenSpa pedicure with the luxurious added benefits of Thermal Heated Booties for deeper penetration of oils and creams. Excellent for increasing circulation and relieving stiff, painful joints.

GELERATION

GELeration Gel Nail Shape and Polish

35 MIN - £30.00

Nails are filed, shaped and finished with Jessica's GELeration gel polish.

GELeration Gel Overlay Manicure

45 MIN - £40.00

Includes hand exfoliation, massage, cuticle care and nail shape. Nails finished with Jessica's GELeration gel polish.

Deluxe GELeration Gel Overlay Manicure

60 MIN - £50.00

ZenSpa Pedicure with GELeration

60 MIN - £55.00

Existing Gel Removal

15 MIN - £4.00

EZINA Spa Packages



HALF SPA DAY FOR ONE

£80.00

Indulge yourself at Ezina Spa for four hours where you will be treated to a 1 hour treatment of your choice, use of our relaxation room, hydrotherapy pool, sauna and Hammam-style steam room. Choose from our light lunch spa menu whilst relaxing on our private spa terrace.

You may choose any 1 hour treatment up to the price of £70. 90 minute or 120 minute treatments are not included.

FULL SPA DAY FOR ONE

£120.00

Treat yourself to a full spa day at Ezina Spa; choose either one 90 minute treatment or one 60 minute treatment and one 30 minute treatment from our extensive treatment menu. Also included is the use of our relaxation room, hydrotherapy pool, sauna and Hammam-style steam room. Choose from our light lunch spa menu whilst relaxing on our private spa terrace.

You may choose any 90 minute treatment up to the price of £110 OR one 60 minute treatment up to the price of £70 and one 30 minute treatment. 120 minute treatments are not included.

HALF SPA DAY FOR TWO

£160.00

Spend four stress-busting hours in Ezina Spa with the choice of any of our 1 hour treatments per person, use of our relaxation room, hydrotherapy pool, sauna and Hammam-style steam room. Enjoy an ice cold glass of Prosecco on arrival and lunch for two on our spa terrace from our light lunch spa menu.

You each may choose any 1 hour treatment up to the price of £70. 90 minute or 120 minute treatments are not included.

FULL SPA DAY FOR TWO

£220.00

A full spa day ideal for couples, friends or family wishing to spend a relaxing day in our luxury spa. You will be treated to one 90 minute treatment of your choice per person (or one 60 minute treatment and one 30 minute treatment per person). Immerse yourselves in our Moroccan themed spa, featuring a Hammam-style steam room, sauna, hydrotherapy pool, relaxation room and spa terrace. Enjoy an ice cold glass of Prosecco on arrival and lunch for two on our spa terrace from our light lunch spa menu.

You each may choose any 90 minute treatment up to the price of £110 OR one 60 minute treatment up to the price of £70 and one 30 minute treatment. 120 minute treatments are not included.



Terms & Conditions

The minimum age requirement for spa treatments, Jessica nail treatments and use of the hydrotherapy pool is 16.

If you are thought to be under the influence of alcohol or drugs you will be refused your treatment.

You must declare any surgery that has taken place in the last 12 months before your appointment, as the therapist cannot take responsibility for any injuries sustained during your treatment. If surgery has taken place in the last 12 months your treatment may be cancelled.

If you suffer from any medical conditions we advise that you consult your doctor prior to any treatments.

Any conditions requiring life maintaining medication will not be accepted.



Ezina Spa

— HAWKCHURCH —

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