

Toasted garlic ciabatta

Contains: Milk (including lactose),
Gluten - Rye, Gluten - Wheat, Gluten - Barley.
May contain:* Sesame.

Toasted garlic ciabatta with cheese

Contains: Milk (including lactose),
Gluten - Rye, Gluten - Wheat, Gluten - Barley.
May contain:* Sesame.

Bacon brie & cranberry ciabatta

Contains: Milk (including lactose),
Gluten - Rye, Gluten - Wheat, Gluten - Barley,
Mustard.

May contain:* Sesame, Fish, Nuts - Almonds,
Nuts - cashews, Peanuts, Nuts - pistachio nuts,
Nuts - walnuts, Nuts - hazelnuts, Soybean.

Chicken, bacon & BBQ ciabatta

Contains: Milk (including lactose),
Gluten - Rye, Gluten - Wheat, Gluten - Barley,
Mustard, Sulphur Dioxide/Sulphites 10mg/
kg or /L.

May contain:* Sesame, Fish, Nuts - Almonds,
Nuts - cashews, Peanuts, Nuts - pistachio nuts,
Nuts - walnuts, Nuts - hazelnuts, Soybean.

Cheese & caramelised onion ciabatta

Contains: Milk (including lactose), Gluten -
Rye, Gluten - Wheat, Gluten - Barley, Mustard

May contain:* Sesame, Fish, Nuts - Almonds,
Nuts - cashews, Peanuts, Nuts - pistachio nuts,
Nuts - walnuts, Nuts - hazelnuts, Soybean.

Chicken, spicy beef & pepperoni ciabatta

Contains: Milk (including lactose), Gluten -
Rye, Gluten - Wheat, Gluten - Barley, Mustard

May contain:* Sesame, Fish, Nuts - Almonds,
Nuts - cashews, Peanuts, Nuts - pistachio nuts,
Nuts - walnuts, Nuts - hazelnuts, Soybean.

Chicken, sweet chilli & cheese ciabatta

Contains: Milk (including lactose), Gluten -
Rye, Gluten - Wheat, Gluten - Barley, Mustard

May contain:* Sesame, Fish, Nuts - Almonds,
Nuts - cashews, Peanuts, Nuts - pistachio nuts,
Nuts - walnuts, Nuts - hazelnuts, Soybean.

Falafel & hummus ciabatta

Contains: Gluten - Rye, Gluten - Wheat,
Gluten - Barley, Mustard, Sesame

May contain:* Fish, Milk (including lactose),
Nuts - Almonds, Nuts - cashews, Peanuts,
Nuts - pistachio nuts, Nuts - walnuts,
Nuts - hazelnuts, Soybean.

Marinated olives

None contained.

Halloumi fries

Contains: Gluten - Wheat, Milk (including
lactose), Sulphur Dioxide/Sulphites 10mg/kg
or /L.

May contain:* Gluten - Barley, Fish,
Nuts - Almonds, Nuts - cashews, Peanuts,
Nuts - pistachio nuts, Nuts - walnuts,
Nuts - hazelnuts, Sesame, Soybean.

Chicken wings

Contains: Gluten - Wheat, Soybean, Sesame,
Mustard.

May contain:* Gluten - Barley, Fish,
Milk (including lactose), Nuts - Almonds,
Nuts - cashews, Peanuts, Nuts - pistachio
nuts, Nuts - walnuts, Nuts - hazelnuts.

Toasted pitta

Contains: Gluten - Wheat, Sesame, Mustard

Whitebait

Contains: Gluten - Wheat, Fish, Eggs

May contain:* Gluten - Barley, Milk (including
lactose), Nuts - Almonds, Nuts - cashews,
Peanuts, Nuts - pistachio nuts, Nuts - walnuts,
Nuts - hazelnuts, Sesame, Soybean.

Steak & kidney baked suet pudding

Contains: Gluten - Barley, Gluten - Wheat
Milk (including lactose), Celery (including
Celeriac)

May contain:* Fish, Nuts - Almonds,
Nuts - cashews, Peanuts, Nuts - pistachio nuts,
Nuts - walnuts, Nuts - hazelnuts, Sesame,
Soybean.

8oz ribeye steak

Contains: Milk (including lactose),
Gluten - Wheat, Gluten - Barley

May contain:* Fish, Nuts - Almonds,
Nuts - cashews, Peanuts, Nuts - pistachio nuts,
Nuts - walnuts, Nuts - hazelnuts, Sesame,
Soybean.

Pepper sauce

Contains: Milk (including lactose)

May contain:* Celery (including Celeriac).

Wholegrain mustard sauce

Contains: Milk (including lactose), Mustard

May contain:* Celery (including Celeriac).

Fish & chips

Contains: Gluten - Wheat, Fish, Eggs, Mustard

May contain:* Milk (including lactose), Gluten
- Barley, Nuts - Almonds, Nuts - cashews,
Peanuts, Nuts - pistachio nuts, Nuts - walnuts,
Nuts - hazelnuts, Sesame, Soybean.

Thai red curry

Contains: Milk (including lactose)

May contain:* Gluten - Wheat, Gluten -
Barley, Fish, Nuts - Almonds, Nuts - cashews,
Peanuts, Nuts - pistachio nuts, Nuts - walnuts,
Nuts - hazelnuts, Sesame, Soybean.

Chicken, chorizo & red pesto linguine

Contains: Gluten - Wheat, Milk (including
lactose), Gluten - Rye, Gluten - Barley,
Sesame.

May contain:* Celery (including Celeriac).

Pesto & pea linguine

Contains: Gluten - Wheat, Milk (including
lactose), Gluten - Rye, Gluten - Barley
Sesame.

May contain:* Celery (including Celeriac).

Chicken BBQ melt

Contains: Celery (including Celeriac),
Milk (including lactose), Gluten - Barley,
Gluten - Wheat, Soybean.

May contain:* Fish, Nuts - Almonds,
Nuts - cashews, Peanuts, Nuts - pistachio nuts,
Nuts - walnuts, Nuts - hazelnuts, Sesame.

Sweet potato & chickpea curry

May contain:* Gluten - Wheat, Gluten - Barley,
Fish, Milk (including lactose), Nuts - Almonds,
Nuts - cashews, Peanuts, Nuts - pistachio nuts,
Nuts - walnuts, Nuts - hazelnuts, Sesame,
Soybean.

Beef lasagne

Contains: Gluten - Wheat, Milk (including
lactose), Gluten - Barley, Gluten - Rye, Celery
(including Celeriac), Sesame, Mustard

Pan fried salmon

Contains: Fish, Milk (including lactose).

May contain:* Celery (including Celeriac).

Seabass

Contains: Fish, Milk (including lactose),
Sulphur Dioxide/Sulphites 10mg/kg or /L

Chicken fajitas

Contains: Gluten - Wheat

Margherita pizza

Contains: Milk (including lactose),
Gluten - Wheat

May contain:* Eggs.

Pepperoni pizza

Contains: Milk (including lactose),
Gluten - Wheat

May contain:* Eggs.

Fajita chicken Pizza

Contains: Milk (including lactose),
Gluten - Wheat

May contain:* Eggs.

Vegan supreme pizza

Contains: Gluten - Wheat

May contain:* Milk (including lactose), Eggs.

Spicy meat feast

Contains: Milk (including lactose),
Gluten - Wheat

May contain:* Eggs.

Farmhouse

Contains: Milk (including lactose),
Gluten - Wheat

May contain:* Eggs.

Beetroot & quinoa burger

Contains: Gluten - Wheat, Sesame

May contain:* Nuts - Almonds, Nuts -
cashews, Peanuts, Nuts - pistachio nuts, Nuts
- walnuts, Nuts - hazelnuts, Gluten - Barley,
Fish, Milk (including lactose), Soybean.

Bacon BBQ burger

Contains: Sulphur Dioxide/Sulphites
10mg/kg or /L, Celery (including Celeriac),
Gluten - Wheat, Eggs, Milk (including lactose),
Soybean.

May contain:* Gluten - Barley, Gluten -
Rye, Fish, Nuts - Almonds, Nuts - cashews,
Peanuts, Nuts - pistachio nuts, Nuts - walnuts,
Nuts - hazelnuts, Sesame.

Bacon, brie & cranberry burger

Contains: Gluten - Wheat, Milk (including
lactose), Eggs, Soybean, Sulphur Dioxide/
Sulphites 10mg/kg or /L).

May contain:* Celery (including Celeriac,
Gluten - Barley, Gluten - Oats, Gluten - Rye,
Fish, Nuts - Almonds,
Nuts - cashews, Peanuts, Nuts - pistachio nuts,
Nuts - walnuts, Nuts - hazelnuts, Sesame.

Southern fried burger

Contains: Gluten - Wheat, Eggs, Soybean.

May contain:* Gluten - Barley, Milk (including
lactose), Gluten - Rye, Gluten - Oats, Fish,
Nuts - Almonds, Nuts - cashews, Peanuts,
Nuts - pistachio nuts, Nuts - walnuts,
Nuts - hazelnuts, Sesame.

Chicken fillet bites

Contains: Gluten - Wheat.

May contain:* Gluten - Barley, Fish, Milk
(including lactose), Nuts - Almonds, Nuts -
cashews, Peanuts, Nuts - pistachio nuts, Nuts
- walnuts, Nuts - hazelnuts, Sesame, Soybean.

Beef burger in a bun

Contains: Gluten - Wheat, Soybean, Eggs,
Celery (including Celeriac).

May contain:* Gluten - Barley, Milk (including
lactose), Gluten - Rye, Fish, Nuts - Almonds,
Nuts - cashews, Peanuts, Nuts - pistachio nuts,
Nuts - walnuts, Nuts - hazelnuts, Sesame,
Soybean.

Chicken Caesar salad

Contains: Gluten - Wheat, Eggs, Milk (including lactose), Soybean.

May contain:* Gluten - Barley, Gluten - Oats, Gluten - Rye.

Mini fish & chips

Contains: Gluten - Wheat, Fish.

May contain:* Gluten - Barley, Milk (including lactose), Nuts - Almonds, Nuts - cashews, Peanuts, Nuts - pistachio nuts, Nuts - walnuts, Nuts - hazelnuts, Sesame, Soybean.

Creamy chicken curry

Contains: Milk (including lactose).

Jacket potato with cheese & beans

Contains: Milk (including lactose), Mustard.

Jacket potato with tuna mayo

Contains: Fish, Eggs, Mustard.

Children's veg & tomato linguine

Contains: Milk (including lactose), Gluten - Wheat, Gluten - Rye, Gluten - Barley.

May contain:* Sesame, Celery (including Celeriac).

Children's falafel salad

Contains: Mustard.

May contain:* Gluten - Wheat, Gluten - Barley, Fish, Milk (including lactose), Nuts - Almonds, Nuts - cashews, Peanuts, Nuts - pistachio nuts, Nuts - walnuts, Nuts - hazelnuts, Sesame, Soybean.

Children's chicken salad

Contains: Mustard.

Children's Margherita pizza

Contains: Milk (including lactose), Gluten - Wheat

May contain:* Eggs.

Children's Pepperoni pizza

Contains: Milk (including lactose), Gluten - Wheat

May contain:* Eggs.

Children's Vegan supreme pizza

Contains: Gluten - Wheat

May contain:* Milk (including lactose), Eggs.

Greek salad

Contains: Milk (including lactose).

Sundried tomato salad

Contains: Sulphur Dioxide/Sulphites 10mg/kg or /L.

May contain:* Gluten - Wheat, Gluten - Barley, Fish, Milk (including lactose), Nuts - Almonds, Nuts - cashews, Peanuts, Nuts - pistachio nuts, Nuts - walnuts, Nuts - hazelnuts, Sesame, Soybean.

Side French fries

May contain:* Gluten - Wheat, Gluten - Barley, Fish, Milk (including lactose), Nuts - Almonds, Nuts - cashews, Peanuts, Nuts - pistachio nuts, Nuts - walnuts, Nuts - hazelnuts, Sesame, Soybean.

Side chunky chips

May contain:* Gluten - Wheat, Gluten - Barley, Fish, Milk (including lactose), Nuts - Almonds, Nuts - cashews, Peanuts, Nuts - pistachio nuts, Nuts - walnuts, Nuts - hazelnuts, Sesame, Soybean.

Side onion rings

Contains: Gluten - Wheat, Gluten - Barley

May contain:* Fish, Milk (including lactose), Nuts - Almonds, Nuts - cashews, Peanuts, Nuts - pistachio nuts, Nuts - walnuts, Nuts - hazelnuts, Sesame, Soybean.

Side garlic ciabatta

Contains: Milk (including lactose), Gluten - Rye, Gluten - Wheat, Gluten - Barley

May contain:* Sesame.

Side garlic ciabatta with cheese

Contains: Milk (including lactose), Gluten - Rye, Gluten - Wheat, Gluten - Barley

May contain:* Sesame.

Chargrilled gammon steak

Contains: Eggs.

May contain:* Gluten - Wheat, Gluten - Barley, Fish, Milk (including lactose), Nuts - Almonds, Nuts - cashews, Peanuts, Nuts - pistachio nuts, Nuts - walnuts, Nuts - hazelnuts, Sesame, Soybean.

Dressed house salad

Contains: Mustard

Brownie Sundae

Contains: Milk (including lactose), Gluten - Wheat, Eggs.

May contain:* Nuts - Almonds, Nuts - Brazil nuts, Nuts - cashews, Nuts - hazelnuts, Nuts - macadamia, Nuts - pecan nuts, Nuts - pistachio nuts, Nuts - walnuts.

Cinnamon doughnuts with choc sauce

Contains: Milk (including lactose), Soybean, Gluten - Wheat, Eggs

Halloumi fingers

Contains: Gluten - Wheat, Milk (including lactose)

May contain:* Gluten - Barley, Fish, Nuts - Almonds, Nuts - cashews, Peanuts, Nuts - pistachio nuts, Nuts - walnuts, Nuts - hazelnuts, Sesame, Soybean.

Chocolate brownie bites

Contains: Eggs, Milk (including lactose), Gluten - Wheat

May contain:* Nuts - Almonds, Nuts - Brazil nuts, Nuts - cashews, Nuts - hazelnuts, Nuts - macadamia, Nuts - pecan nuts, Nuts - pistachio nuts, Nuts - walnuts.

Sticky toffee pudding

Contains: Eggs, Milk (including lactose), Gluten - Wheat

May contain:* Nuts - Almonds, Nuts - Brazil nuts, Nuts - cashews, Nuts - hazelnuts, Nuts - macadamia, Nuts - pecan nuts, Nuts - pistachio nuts, Nuts - walnuts.

Banoffee waffle

Contains: Milk (including lactose), Gluten - Wheat, Eggs, Soybean

Berry Eton mess

Contains: Milk (including lactose), Eggs.