

# restaurant allergen information

## **Toasted garlic ciabatta**

Contains: Milk (including lactose),  
Gluten - Rye, Gluten - Wheat, Gluten - Barley.  
May contain:\* Sesame.

## **Toasted garlic ciabatta with cheese**

Contains: Milk (including lactose),  
Gluten - Rye, Gluten - Wheat, Gluten - Barley.  
May contain:\* Sesame.

## **Halloumi fries**

Contains: Gluten - Wheat, Milk (including lactose), Sulphur Dioxide/Sulphites 10mg/kg or /L.

May contain:\* Gluten - Barley, Fish,  
Nuts - Almonds, Nuts - cashews, Peanuts,  
Nuts - pistachio nuts, Nuts - walnuts,  
Nuts - hazelnuts, Sesame, Soybean.

## **Marinated olives**

None contained.

## **Chicken wings**

Contains: Gluten - Wheat, Soybean, Sesame,  
Mustard.

May contain:\* Gluten - Barley, Fish,  
Milk (including lactose), Nuts - Almonds,  
Nuts - cashews, Peanuts, Nuts - pistachio  
nuts, Nuts - walnuts, Nuts - hazelnuts.

## **Sweet chilli chicken**

Contains: Gluten - Wheat, Eggs,  
Milk (including lactose)

May contain:\* Gluten - Barley, Gluten - Oats,  
Gluten - Rye, Gluten - Wheat, Fish,  
Nuts - Almonds, Nuts - cashews, Peanuts,  
Nuts - pistachio nuts, Nuts - walnuts,  
Nuts - hazelnuts, Sesame, Soybean.

## **Falafel & olive**

Contains: Sulphur Dioxide/Sulphites 10mg/  
kg or /L

May contain:\* Gluten - Wheat, Gluten - Barley,  
Fish, Milk (including lactose), Nuts - Almonds,  
Nuts - cashews, Peanuts, Nuts - pistachio nuts,  
Nuts - walnuts, Nuts - hazelnuts, Sesame,  
Soybean.

## **Crispy chicken bacon & BBQ ciabatta**

Contains: Milk (including lactose),  
Gluten - Rye, Gluten - Wheat, Gluten - Barley,  
Mustard, Celery (including Celeriac)

May contain:\* Soybean, Sesame, Fish,  
Nuts - Almonds, Nuts - cashews, Peanuts,  
Nuts - pistachio nuts, Nuts - walnuts,  
Nuts - hazelnuts.

## **Cheese & caramelised onion ciabatta**

Contains: Milk (including lactose), Gluten -  
Rye, Gluten - Wheat, Gluten - Barley, Mustard

May contain:\* Sesame, Fish, Nuts - Almonds,  
Nuts - cashews, Peanuts, Nuts - pistachio nuts,  
Nuts - walnuts, Nuts - hazelnuts, Soybean.

## **Chicken breast, spicy pepperoni & cheese**

Contains: Milk (including lactose), Gluten -  
Rye, Gluten - Wheat, Gluten - Barley, Mustard

May contain:\* Sesame, Fish, Nuts - Almonds,  
Nuts - cashews, Peanuts, Nuts - pistachio nuts,  
Nuts - walnuts, Nuts - hazelnuts, Soybean.

## **Halloumi fingers**

Contains: Gluten - Wheat, Milk (including  
lactose)

May contain:\* Gluten - Barley, Fish,  
Nuts - Almonds, Nuts - cashews, Peanuts,  
Nuts - pistachio nuts, Nuts - walnuts,  
Nuts - hazelnuts, Sesame, Soybean.

## **Children's sweet chilli halloumi salad**

Contains: Milk (including lactose).

May contain:\* Fish, Nuts - Almonds, Nuts -  
cashews, Peanuts, Nuts - pistachio nuts, Nuts  
- walnuts, Nuts - hazelnuts, Sesame, Soybean.

## **Chicken, sweet chilli & cheese ciabatta**

Contains: Milk (including lactose),  
Gluten - Rye, Gluten - Wheat, Gluten - Barley,  
Mustard.

May contain:\* Sesame, Fish, Nuts - Almonds,  
Nuts - cashews, Peanuts, Nuts - pistachio nuts,  
Nuts - walnuts, Nuts - hazelnuts, Soybean.

## **Falafel & vegan mayo**

Contains: Gluten - Rye, Gluten - Wheat,  
Gluten - Barley, Mustard

May contain:\* Fish, Milk (including lactose),  
Nuts - Almonds, Nuts - cashews, Peanuts,  
Nuts - pistachio nuts, Nuts - walnuts,  
Nuts - hazelnuts, Soybean.

## **Margherita pizza**

Contains: Milk (including lactose),  
Gluten - Wheat

May contain:\* Eggs.

## **Pepperoni pizza**

Contains: Milk (including lactose),  
Gluten - Wheat

May contain:\* Eggs.

## **Vegan supreme pizza**

Contains: Gluten - Wheat

May contain:\* Milk (including lactose), Eggs.

## **Spicy meat feast**

Contains: Milk (including lactose),  
Gluten - Wheat

May contain:\* Eggs.

## **Beetroot & quinoa burger**

Contains: Gluten - Wheat, Sesame

May contain:\* Nuts - Almonds, Nuts -  
cashews, Peanuts, Nuts - pistachio nuts, Nuts  
- walnuts, Nuts - hazelnuts, Gluten - Barley,  
Fish, Milk (including lactose), Soybean.

## **Bacon BBQ burger**

Contains: Sulphur Dioxide/Sulphites 10mg/  
kg or /L, Gluten - Wheat, eggs, Milk (including  
lactose), Soybean, Celery (including Celeriac).

May contain:\* Gluten - Barley,  
Gluten - Rye, Fish, Nuts - Almonds,  
Nuts - cashews, Peanuts, Nuts - pistachio nuts,  
Nuts - walnuts, Nuts - hazelnuts, Sesame.

## **Southern fried burger**

Contains: Gluten - Wheat, Eggs, Soybean.

May contain:\* Gluten - Barley, Milk (including  
lactose), Gluten - Rye, Gluten - Oats, Fish,  
Nuts - Almonds, Nuts - cashews, Peanuts,  
Nuts - pistachio nuts, Nuts - walnuts,  
Nuts - hazelnuts, Sesame.

## **Chicken fillet bites**

Contains: Gluten - Wheat.

May contain:\* Gluten - Wheat, Gluten - Barley,  
Fish, Milk (including lactose), Nuts - Almonds,  
Nuts - cashews, Peanuts, Nuts - pistachio nuts,  
Nuts - walnuts, Nuts - hazelnuts, Sesame,  
Soybean.

## **Beef burger in a bun**

Contains: Gluten - Wheat, Soybean, Eggs,  
Celery (including Celeriac).

May contain:\* Gluten - Barley, Milk (including  
lactose), Gluten - Rye, Fish, Nuts - Almonds,  
Nuts - cashews, Peanuts, Nuts - pistachio nuts,  
Nuts - walnuts, Nuts - hazelnuts, Sesame,  
Soybean.

## **Sweet chilli halloumi**

Contains: Gluten - Wheat, Milk (including  
lactose).

May contain:\* Gluten - Barley, Fish,  
Nuts - Almonds, Nuts - cashews, Peanuts,  
Nuts - pistachio nuts, Nuts - walnuts,  
Nuts - hazelnuts, Sesame, Soybean.

## **Jumbo sausage**

Contains: Gluten - Wheat, Soybean, Sulphur  
Dioxide/Sulphites 10mg/kg or /L.

May contain:\* Gluten - Barley, Milk (including  
lactose), Nuts - Almonds, Nuts - cashews,  
Peanuts, Nuts - pistachio nuts, Nuts - walnuts,  
Nuts - hazelnuts, Sesame.

## **Jacket potato with cheese & beans**

Contains: Milk (including lactose) Mustard.

## **Jacket potato with tuna mayo**

Contains: Fish, Eggs, Mustard.

## **Sweet chilli chicken salad**

Contains: Gluten - Wheat, Eggs, Milk  
(including lactose)

May contain:\* Gluten - Barley, Gluten - Oats,  
Gluten - Rye, Gluten - Wheat, Fish,  
Nuts - Almonds, Nuts - cashews, Peanuts,  
Nuts - pistachio nuts, Nuts - walnuts,  
Nuts - hazelnuts, Sesame, Soybean.

## **Children's sweet chilli halloumi**

Contains: Gluten - Wheat, Milk (including  
lactose).

May contain:\* Gluten - Barley, Fish,  
Nuts - Almonds, Nuts - cashews, Peanuts,  
Nuts - pistachio nuts, Nuts - walnuts,  
Nuts - hazelnuts, Sesame, Soybean.

## **Children's Margherita pizza**

Contains: Milk (including lactose),  
Gluten - Wheat

May contain:\* Eggs.

## **Children's Pepperoni pizza**

Contains: Milk (including lactose),  
Gluten - Wheat

May contain:\* Eggs.

## **Children's Vegan supreme pizza**

Contains: Gluten - Wheat

May contain:\* Milk (including lactose), Eggs.

## **Side French fries**

May contain:\* Gluten - Wheat, Gluten - Barley,  
Fish, Milk (including lactose), Nuts - Almonds,  
Nuts - cashews, Peanuts, Nuts - pistachio nuts,  
Nuts - walnuts, Nuts - hazelnuts, Sesame,  
Soybean.

## **Side onion rings**

Contains: Gluten - Wheat, Gluten - Barley

May contain:\* Fish, Milk (including lactose),  
Nuts - Almonds, Nuts - cashews, Peanuts,  
Nuts - pistachio nuts, Nuts - walnuts,  
Nuts - hazelnuts, Sesame, Soybean.

## **Side garlic ciabatta**

Contains: Milk (including lactose),  
Gluten - Rye, Gluten - Wheat, Gluten - Barley

May contain:\* Sesame.

## **Side garlic ciabatta with cheese**

Contains: Milk (including lactose),  
Gluten - Rye, Gluten - Wheat, Gluten - Barley

May contain:\* Sesame.

## **Dressed house salad**

Contains: Mustard

## **Cinnamon sugar doughnuts & choc sauce**

Contains: Milk (including lactose), Soybean,  
Gluten - Wheat, Eggs

## **Chocolate brownie bites**

Contains: Eggs, Milk (including lactose),  
Gluten - Wheat

May contain:\* Nuts - Almonds, Nuts - Brazil  
nuts, Nuts - cashews, Nuts - hazelnuts,  
Nuts - macadamia, Nuts - pecan nuts,  
Nuts - pistachio nuts, Nuts - walnuts.

\*Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients, some allergens listed as may contain are present due to the cooking process, please speak to a member of the team to discuss this in further detail.