## our guide to hot tub safety

# do's & don'ts

### please do not:

- Tamper with the jets as this may cause the parts to become loose
- Remove the floating mushroom if one is present
- Add detergents, oils or shower gels or any other liquids to the hot tub
- Leave the hot tub unattended at any time when the cover is removed
- The temperature of the hot tub is set between 37-40°c. Do not attempt to change the temperature, if you need any assistance please ask a member of the team
- Submerge your head or jump/dive into the hot tub
- Use the hot tub if you have had a large meal within the last hour or after the consumption of alcohol
- Use the hot tub after 11pm to reduce disruption to your neighbours
- Use the hot tub after 9am on the day of departure
- Turn off the electricity to the hot tub

## Keep it in the family!

Please only use your hot tub within your family group. Follow Government guidance and do not share the hot tub with anyone not staying in your accommodation.

Follow all hot tub instructions to ensure you use the hot tub safely.

## Wherever there is water, there is a danger of drowning!

Please act sensibly, and be aware of the risks. The resort will not accept responsibility for a guest failing to follow these safety instructions.

#### please do:

- Read the signs on or around the hot tub for correct use
- Be aware the water in the hot tub is changed before your stay
  and is kept clean by filters and chemicals, including chlorine or
  bromine which is added to the water by a dispenser. If you are
  sensitive to either of these please do not use
- Take a shower before using the hot tub body lotions and oils damage the filters and can result in your hot hub being out of action whilst we rectify the water quality
- Always lift the lid with 2 people, then fold the lid and make sure
  it is secure before entering. As soon as you exit the hot tub,
  replace the cover and fasten safely.
- Children between the ages of 8 and 16 years of age must be accompanied and supervised by an adult in the hot tub at all times. Please note that children under the age of 8 are not allowed in the hot tub under any circumstances

  For your information
- Remove your jewellery as the chemicals can damage metals and precious stones.
- Tie back long hair to prevent the risk of entanglement
- Keep your usage time to 15 mins and take a break in between sessions
- Replace the lid when taking a break to keep the hot tub warm

#### Stay safe, relax & enjoy...



Children under the age of eight cannot use the hot tub. Children aged 8 – 16 must be supervised and accompanied by an adult.



Do not use the hot tub if you are under the influence of alcohol or drugs.



Please take a shower and remove all jewellery before using the hot tub.



Do not use if you have had diarrhoea or repeated vomiting within the last 14 days.



Do not use electrical equipment, in and around the hot tub.



Do not eat, drink, or smoke in and around the hot tub.



Do not use if you are pregnant.



your hot tub will be

tested every day and

the staff will need to access the decking

to carry out tests.

Please check with your doctor if you have any medical conditions which may worsen through use of the hot tub.

