

Monday 3rd November - Sunday 9th November 2025

main pool - relaxation room - baby pool

MONDAY

OPEN: 9.00am - 7.00pm

OPEN: 9.00am - 5.00pm

OPEN: 9.00am - 5.00pm

OPEN: 9.00am - 5.00pm

adults only 16+

9.00am - 10.00am*

swim lessons

half pool 9.30am - 12.30pm water walkerz

1.00pm - 2.00pm

late swim

5.00pm & 6.00pm

TUESDAY

adults only 16+

9.00am - 10.00am*

swim lessonswin

half pool 9.30am - 11.30am pool party

1.00pm - 2.00pm

rookie lifeguard

5.00pm - 6.00pm

WEDNESDAY

adults only 16+

9.00am - 10.00am*

swim lessons

half pool 9.30am - 11.30am mini boats

1.30pm - 2.00pm

spooky pool party

5.00pm - 6.00pm

THURSDAY

adults only 16+

9.00am - 10.00am*

swim lessons

half pool 9.30am - 11.30am mini boats

1.00pm - 2.00pm

FRIDAY

OPEN: 9.00am - 7.00pm

adults only 16+

9.00am - 10.00am*

swim lessons half pool

9.30am - 12.30pm

water walkerz

1.00pm - 2.00pm

late swim

5.00pm & 6.00pm

SATURDAY

OPEN: 9.00am - 5.00pm

OPEN: 9.00am - 5.00pm

swim lessons half pool

10.00am - 11.00am

mini boats

12.00pm - 1.00pm

pool party

1.00pm - 2.00pm

snorkel fun

5.00pm - 5.30pm

raft building

5.30pm - 6.30pm

SUNDAY

water walkerz

pool party

12.00pm - 1.00pm

1.00pm - 2.00pm

The pool is open for general swim all day except when highlighted Go Active sessions are taking place. The timetable may be subject to change without prior notice. The Relax Room is open the same hours as the main pool.

*adults swim 16+ has full use of the pool between 9.00-9.30am, then half the pool 9.30am-10.00am due to swimming lessons

Call: 01726 860 415 Facebook DM: Go Active at Piran Meadows In Person: Ask a Lifeguard, Activity Instructor or Reception

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Our swimming pool is open every day for all the family to enjoy. Some sessions are very popular and get booked up quickly over half term. Please pre-book your sessions.

How to Book Your Swimming Sessions

All of our general swim sessions are available to pre-book up to a week in advance for guests staying on resort, and our leisure members.

Locals visiting us using Day Passes are advised to call ahead before arriving on the day of your planned visit, as Day Passes will be limited when the resort is busy.

You can book your sessions by speaking to a Lifeguard or Activity Instructor, calling 01726 860415 between 09.00am and 5.00pm, sending the team a DM via FaceBook Messenger 'Go Active at Piran Meadows' or asking at reception. You can't book swimming via email.

Do you need to pay to swim?

All general swim sessions are included in your holiday if you're staying on resort, and included in your monthly leisure membership. Local visitors will need to purchase a Day Pass on the day of their visit. Lockers use £1 coins to operate. GO Active sessions, such as the Pool Party and Water Walkerz incur additional costs.

How long can you swim for?

All of our general swim sessions are 50 minutes long, and start on the hour. For example: 1.00pm to 1.50pm – We recommend you turn up a little before your session to get changed as the changing rooms can get congested at changeover times.

Are there any times during the day you can't go for a swim?

The only times during the day that the pool is closed to general swimming is when there is a GO Active session taking place. These are highlighted in an orange box on the swimming pool timetables. The rest of the day is available to pre-book your swimming sessions.

When is Adult Only Swim 16+?

Adult only swimming is available every weekday morning, 9.00am to 10.00am. We limit the number of bathers for this session to 25 so you'll all have that extra space to enjoy your morning swim. We also have swim lessons from 9.30am so only half the pool is available for adult swim during this time.

When is the Relax Room with the sauna and steam room open?

The Relax Room's opening hours are the same as the swimming pool. The Relax Room will remain open during lunchtime GO Active sessions when the main pool and baby pool are closed, but will be switched off when the last general swimming session of the day ends, and won't remain open during evening GO Active sessions.

You don't need to book to use the Relax Room, however please bear in mind the main pool may be unavailable for cooling dips if the general session is fully booked.