



# Go Active Timetable



## tuesday

### Sea Scooters

9.00am - 10.00am  
size limit 4

£6

### Disc Golf

11.00am - 12.00pm  
6+ years | size limit 6

£5

### Archery

2.00pm - 3.00pm  
7+ years | size limit 12

£10

### Crossbows

3.30pm - 4.30pm  
10+ years | size limit 10

£10

### Pool Fun

6.00pm - 7.00pm  
8+ years | size limit 15

£3

## wednesday

### Disc Golf

9.30am - 10.30am  
6+ years | size limit 6

£5

### Archery

11.30am - 12.30pm  
7+ years | size limit 12

£10

### Crossbows

2.00pm - 3.00pm  
10+ years | size limit 10

£10

## thursday

### Football

9.00am - 10.00am  
size limit 10

Free

### Crossbows

10.30am - 11.30am  
10+ years | size limit 10

£10

### Archery

1.00pm - 2.00pm  
7+ years | size limit 12

£10

### Disc Golf

3.00pm - 4.00pm  
6+ years | size limit 6

£5

### Sea Scooters

5.00pm - 6.00pm  
8+ years | size limit 4

£6

## saturday

### Football

9.00am - 10.00am  
size limit 10

Free

### Sea Scooters

12.00am - 13.00pm  
8+ years | size limit 4

£6

### Archery

2.30pm - 3.30pm  
7+ years | size limit 12

£10

### Crossbows

4.00pm - 5.00pm  
10+ years | size limit 10

£10

### Pool Fun

6.00pm - 7.00pm  
8+ years | size limit 15

£3

## sunday

### Sea Scooters

9.00am - 10.00am  
8+ years | size limit 4

£6

### Archery

1.00pm - 2.00pm  
7+ years | size limit 12

£10

### Archery

2.30pm - 3.30pm  
7+ years | size limit 12

£10

### Sea Scooters

6.00pm - 7.00pm  
8+ years | size limit 4

£6



# Go Active

## Timetable

### Terms and conditions



## my activity schedule

### MONDAY

TIME	ACTIVITY

### FRIDAY

TIME	ACTIVITY

### TUESDAY

TIME	ACTIVITY

### SATURDAY

TIME	ACTIVITY

### WEDNESDAY

TIME	ACTIVITY

### SUNDAY

TIME	ACTIVITY

### THURSDAY

TIME	ACTIVITY

**book your  
activity now on:  
01288 352 563**

1. All activities must be pre-booked and paid for at the GO Active Desk or on 01288 352 563.
2. We advise you book with a minimum of 30 minutes prior to the activity start time to avoid disappointment.
3. Please ensure that you arrive at the GO Active Desk at least 10 minutes before your activity starts. Should you arrive late for your activity you may not be admitted but will still be charged.
4. Please note sessions will not be run on a one to one basis, if there is only one person booked on the session, this person will be transferred to another session or offered a full refund.
5. GO Active reserve the right to alter or cancel activities without prior warning and are subject to availability. Activities may be cancelled or postponed due to adverse weather conditions, in these circumstances your activity will be transferred or refunded.
6. For all water based activities (Excluding Water Walkerz and Mini Jet Skis) participants must be able to swim a full length of the pool unaided. A swim test will be given at the start of every session.
7. All bookings are non-refundable or transferable.
8. Photos are permitted to be taken on all activities. If you do not want your children in photos please make the instructor aware at the beginning of the session.
9. Children remain the responsibility of parents/guardians at all times and we require parents/guardians to stay with their children if aged 7 or under.
10. Some Age/Weight restrictions apply to some activities, please check restrictions when booking.
11. We also advise you to consult your GP before starting any new form of exercise; and cannot take responsibility for any injuries sustained through any activity with GO Active.
12. You maybe refused to take part in a session if under influence of alcohol or drugs.



Red Target Based

Blue water Based

Purple Go Juniors

Green Go Fun

please see overleaf for  
terms and conditions

