

a great big

from Thanet Well

We're so pleased that you're here. In this guide, we've put together some hints and tips for you to make your stay with us as enjoyable as possible. Read on to find all the useful information you'll need to make the most of your holiday home and the fantastic facilities available.



Lodge guide & all the info

Our guide to hot tub safety

Stay in the moment

Country code

The enchanting Cumbria countryside

Get away - let's explore the UK

We love golf

Join our team

Thanet Well Lodge Retreat rules

Personal evacuation plan

Tunlimited adventure awaits



refresh, let your mind wander, explore stunning countryside, discover a land of adventure, breathe deep, grab some fresh Cumbria air love your escape.

Here's the plan!



key

fire points

fire muster point

waste or recycling

holiday guide & all the

fire safety

For your safety, every holiday home is fitted with a smoke alarm, a fire blanket and a fire extinguisher, as well as a carbon monoxide detector. To find your fire assembly points, and individual fire boxes, please refer to your retreat map.

gas safety

If you suspect a gas leak, immediately turn off the gas and evacuate all people and animals from the holiday home.
Please then urgently contact reception.
If outside of operating hours, please contact our Out Of Hours team.

smoking/vaping

Smoking or vaping is **not permitted** in any of our holiday homes or publicly used buildings. We appreciate your cooperation.

hot tub

If you have a hot tub in your accommodation, please see page 6 for detailed information.

wifi

We provide complimentary WiFi on an open network for ease of use.

leaving your holiday home

We know - nobody wants their holiday to end! However, when the time does come to leave us at Thanet Well, we respectfully ask that you leave your holiday home as you found it, so that other visitors can enjoy the same cosy comforts that you have.

We politely ask our lovely visitors to leave their accommodation by 10am on their day of departure, as this allows us to get everything spick and span for our next guests. Thank you for your understanding in this matter (it really helps us out!).

When you leave your holiday home, please return your keys to reception. There's a key drop-box available outside the main reception if you're leaving outside of hours. We'll look forward to having you back again soon!

blind cords

Blind cords and chains are used to adjust and operate blinds, and can potentially pose risk to young children. To avoid strangulation entanglement keep all blind pulls and loops out of reach.

pets

We love welcoming your four-legged friends to our resorts! However, when outside the holiday home, please ensure that your dogs are kept on leads at all times. Please help us to keep communal areas as clean and tidy as possible and use the dog bins provided in the bin areas to dispose of dog waste. To ensure your fur buddy does not get lonely please do not leave them alone in the holiday home at any point. If you need any further information or assistance, please contact reception.



helpful contacts:

medical

NHS Direct 111
Penrith Community Hospital CAII 8HX 01768 245 555
The Lakes Medical Practice CAII 8HW 01768 214345
Caldbeck Surgery CAII 8DS 01697 478 254
Stricklandgate Dental Practice CAII 7NH 01768 865 744

supermarkets

AldiUllswater Rd, Penrith CA11 7JQMorrison'sBrunswick Rd, Penrith CA11 7JUSainsbury's1 Common Garden Sq, Penrith CA117FG

Booths Westgate House, Penrith CA11 7JU

travel & taxis

Enterprise Rent-A-Car 01768 893 840
National Rail Enquiries 0845 748 950
Purbeck Breezer 0122 338 420

we're planet kind!

rubbish disposal

We love our planet, and we know you do too. That's why our resort operates a recycling system, to make sure we can keep our resorts clean and green.

You'll find a general waste bin in your accommodation, and your nearest bin bay for recycling can be located on your retreat map. If there are no bins in your nearest bay, please bear with us - they're probably being emptied, so please use another one. Glass bins can be used for all types of glass bottles and jars (please remove lids before you pop them in). Cardboard, paper, plastic, tin cans and aluminium trays can be disposed of in the mixed recycling (please be careful to not put black bin bags or any other plastic bags in the mixed recycling).

Any other waste that you might have can be disposed of in the general waste bin.

Thank you for working with us to keep our world happy and healthy!

You must fully extinguish disposable BBQs and allow to cool before discarding. BBQs must not be placed in the refuse bins but stored within the bin bay area.



general household waste

non-recyclable packaging, food waste, floor sweepings etc.



dry mixed recycling

cardboard, plastics, paper, tin cans, bottles, jars etc.



hot tub safety **etiquette**

our guide to hot tub safety

In our Premier accommodation we are delighted to provide our guests with hot tubs for that ultimate holiday feeling. We ask that all guests follow the instructions and guidance in place for your safety.

Please ensure to read these carefully before using the hot tub and if you have any questions please contact a member of our friendly team!

Please note, Darwin Escapes will not be responsible for any injury or issues resulting from misuse or not following these instructions.

> do not sit or stand on the hot tub lid!

hot tub lid

- Ensure two people lift up the lid using the handles provided.
- over the balustrade rail, this may blow or fall shut.
- Some tubs require the lids to be secured, please use any



If you have any questions or require assistance then please speak to a member of the team or reception.

hot tub safety

- Do not use the hot tub if you are pregnant or have a medical condition (High blood pressure, heart condition, diabetes etc) or serious illness which may affect your reaction to heat. Check with your doctor first.
- Children under the age of 8 cannot use the hot tub. Young children struggle to regulate their core temperature and become dehydrated more quickly.
- · Children aged 8-16 must be supervised and accompanied by an adult.
- Do not use the hot tub if you feel unwell or are sensitive to chlorine or bromine.
- Keep your usage to 15 minutes at a time and take a break between sessions.
- Do not use after a large meal within the previous hour or after the consumption of alcohol.
- The following are strictly prohibited in or around the hot tub: Glass containers, electrical appliances, smoking, consumption of food and drink, use after 9am on the day of check out
- Keep your head above water chlorine or bromine can irritate eyes and sensitive skin.
- We do not recommend using the hot tub if you are on your own.

using the hot tub



- Please act sensibly and be courteous to other guests around you. Do not use the hot tub after 11pm.
- Remove any jewellery as the chemicals can damage metals and precious stones.
- Do not attempt to change any settings or the temperature (with the exception of use/selection of jets). if you need assistance please ask a member of the team.
- Do not use after 9am on the day of your check-out as we will need to drain, replace and treat the water for the next guests.
- · Keep to the hot tub capacity

water quality



- For your safety, we will carry out short tests on your hot tub each day of your stay - to complete these, the team will need to briefly gain access to your hot tub.
- add oils, bubble bath or any other products. Residual or added products affect water conditions and impact the effectiveness of the disinfectant agent.
- hot tub from either a floating 'mushroom' or built in dispenser. Please do not interfere with or open these dispensers and, in the case of the mushroom, please do not move it from where you find it.
- Thank you for your cooperation with these testing and treatment measures, in place for your safety and comfort.

stay in the moment!





a closer look at the

country code

Many of our resorts are set in the heart of local countryside, including woodland and farming land, which can have farm animals kept in pastures.

Please be mindful and respect the needs of local people and visitors alike – for example, don't block gateways, driveways or other paths with your vehicle.

When riding a bike or driving a vehicle, please slow down or even stop for horses, walkers and farm animals and give them plenty of room. By law, cyclists must give way to walkers and horse-riders on bridleways, so please keep this in mind when you're out cycling!

Please cooperate with people at work in the countryside.

For example, keep out of the way when farm animals are being gathered or moved and follow directions from the farmer

A farmer will normally close gates to keep farm animals in but may sometimes leave them open so the animals can reach food and water. The most important thing to remember is to leave gates as you find them or follow instructions on signs. When in a group, make sure the last person knows how to leave the gates.

Please follow the country code, and help us keep our nation's countryside running smoothly.



Please follow paths unless wider access is available, such as on open country or registered common land (known as 'open access land'). It might sound obvious, but please ensure that you leave machinery and farm animals alone – don't interfere with animals even if you think they're in distress. Try to alert the farmer instead.

When strolling through our beautiful countryside, please use stiles or gaps in field boundaries if you can - climbing over walls, hedges and fences can damage them and increase the risk of farm animals escaping.

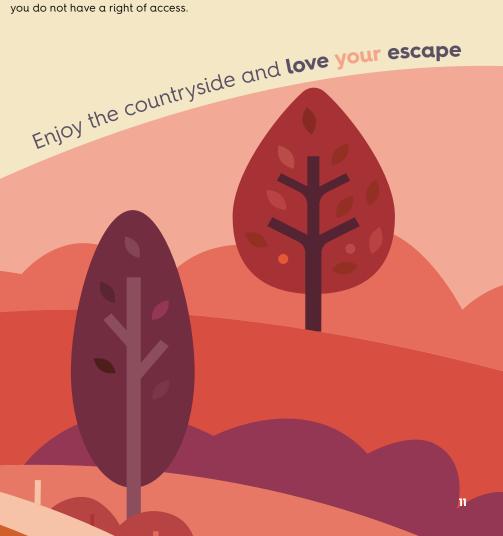
We all have a responsibility to protect the countryside now and for future generations, so make sure you don't harm animals, birds, plants or trees and try to leave no trace of your visit. If you're out exploring with a dog, please make sure it is not a danger or nuisance to farm animals, horses, wildlife or other people.

Protecting the natural environment means taking special care not to damage, destroy or remove features such as flowers, rocks, plants and trees. They provide homes and food for wildlife, and add to everybody's enjoyment of the countryside.

Litter and leftover food doesn't just spoil the beauty of the countryside, it can be dangerous to wildlife and farm animals - so please always take your litter home with you. Dropping litter and dumping rubbish are criminal offences.

Fires can be as devastating to wildlife and habitats as they are to people and property - so be careful with naked flames and cigarettes at any time of the year and never leave anything of that nature behind when you leave.

We know that you love your dog-but local wildlife might not! When you take your dog into the outdoors, always ensure it does not disturb wildlife, farm animals, horses or other people. Please keep your furry friend under effective control: keep your dog on a lead, or keep it in sight at all times, be aware of what it's doing and be confident it will return to you promptly on command. Please ensure it does not stray off the path or into an area where you do not have a right of access.





The Rheged Centre

Cunningly disguised as a Lakeland hill, Rheged is a unique grass-covered family visitor attraction. There is an ever-changing events calendar together with an IMAX cinema, mountaineering, cooking and wildlife exhibitions, restaurant and studio shops.

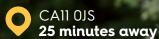
Ullswater & Aira Force

England's second largest lake snakes for over nine miles and is often rated as the most beautiful of all. Countless sailing boats, kayaks and windsurfers pass alongside steamboats, which have been plying Ullswater since 1849. Traditional 'steamers' connect Pooley Bridge in the north with Glenridding in the south, stopping off at Aira Force on the northern shore and Howton on the south side.

Rookin House Equestrian & Activity Centre

Rookin House is an established adventure venue, offering a wide variety of outdoor activities for over 20 years. There are many activities to choose from including, go karting, rafting, indoor archery and air rifle.







Grasmere & Rydal

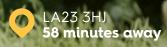
The natural beauty of Grasmere and Rydal inspired the Lake Poets. The Wordsworths lived first at Dove Cottage from 1799 to 1808, once a pub and now a museum. The proprietor is a direct descendant of the family and in springtime Dora's field at the bottom of the churchyard comes alive with daffodils. Grasmere village boasts numerous tea rooms, inns and restaurants; be sure to visit The Grasmere Gingerbread Shop. From here, take an enjoyable walk to Fairfield, Hart Crag or Loughrigg Fell.

Windermere & Bowness

Windermere is the perfect lakeland destination all year round. With the shores of the lake so close, you are never short of fantastic scenery or leisure activities. Bowness on Windermere is one of the most popular holiday locations in the Lake District. With immediate access to the waters of Windermere, it is an excellent base for water activities, including boat hire or family watersports.

Ravenglass & Eskdale

Ravenglass is a coastal hamlet within the Lake District National Park and lies on the estuary of three rivers - the Esk, the Mite and the Irt. Ravenglass became an important naval base for the Romans in the 2nd century, Glannaventa, though little remains of this now. Once iron ore, granite and copper ore were brought to the estuary by a narrow gauge railway from mines near Boot. This line has been preserved and is now a major tourist attraction.





LA22 9SL 37 minutes away



Coniston

Coniston is a good centre for walkers and climbers, and those wanting to investigate the Tilberthwaite Slate quarries. Rising dramatically behind the houses is the The Old Man of Coniston which provides a beautiful backdrop to the village. There are two public launch services on Coniston Water: the Coniston Launch, and the National Trust's Steam Yacht Gondola. Both of these call at Brantwood.



LA21 8DU **77 minutes away**

ninutes away

Carlisle

Cumbria's capital - gateway to Hadrian's Wall country - has a rich and rollicking history. Visit the Kings Own Royal Border Regiment Museum within the castle grounds and experience the dark passages, chambers and dungeons where Mary Queen of Scots was briefly imprisoned. No visit to the city would be complete without a meander through The Lanes Shopping Centre and covered Victorian market or perhaps even a flutter at Carlisle Racecourse.



CA3 8NR **30 minutes away**

St Bees

The village of St Bees is on the western coast of Cumbria, at the end of a long valley and four miles south of Whitehaven. It has a long sandy beach and is a popular holiday resort. Nearby, the rocky promontory of St Bees Head, the westernmost point of Cumbria, is the start of the 'Coast to Coast walk'. St Bees Head, a red sandstone bluff, forms one of the most dramatic natural features along the entire coast of North West England.



CA27 OAA **65 minutes away**

Greystoke

Greystoke village of Tarzan fame lies four miles to the south of the retreat and is surrounded by pretty countryside. Just take a right turn out of the retreat, right at the crossroads, along the forest road through Johnby and bear right at the Cycle Café. There is a grocery store and post office in the village centre plus a popular outdoor swimming pool open during the spring and summer months. Across the green is the Boot & Shoe Inn and rather grand entrance to Greystoke Castle.



CA110TP **9 minutes away**

Borrowdale & Buttermere

Scale a subterranean cavern and take a tour deep inside Honister, or for the less faint hearted discover the Kimberley Mine. Beyond lies Crummock Water and Loweswater, once forming a single body of water with Buttermere. Scale the three high peaks of Great Gable, Scafell and Scafell Pike - England's highest mountain at 978m/3,210ft - and discover the delicately-poised 2,000 tonne Bowder Stone.



CA12 5UN **32 minutes away**

Keswick & Derwentwater

Keswick is an attractive Victorian town of grey slate ringed by fells and mountains and is the main centre for the Northern Lakes. The interactive Cumberland Pencil Museum houses the world's largest pencil, while illusions at The Puzzling Place provide further family fun. Stroll through Hope Park with its pleasant gardens, crazy golf and miniature motor boats before arriving at the aptlynamed Theatre by the Lake. Take a boat trip on picturesque Derwentwater, with thick woodland on its shores edge and interrupted only by five islands. To the north east, experience the Neolithic wonder of the Castlerigg Stone Circle.



darwin escapes

get away

let's explore the UK!

We've got 24 breathtaking resorts and retreats on your doorstep, including three stunning golf courses across the UK. We think you'll find just what you're looking for!

Whether you're searching for that perfect week-long summer holiday with sea air and sandy toes, a cosy woodland weekend getaway in the hear of winter, or you're ready to settle into your very own holiday home to come back to time and time again, you'll

- 1. Aberconwy Resort & Spa
- 2. Bath Mill Lodge Retreat
- 3. Beach Cove Coastal Retreat
- 4. Canterbury Reach Lodge Retreat
- 5. Cheddar Woods Resort & Spa
- 6. Dundonald Links
- 7. Hawkchurch Resort & Spa
- 8. Keswick Reach Lodge Retreat
- 9. Kilnwick Percy Resort & Golf Club
- 10. Mullion Cove Coastal Retreat
- 11. New Pines Holiday Home Park
- 12. Norfolk Woods Resort & Spa
- 13. Piran Meadows Resort
- 14. Rivendale Lodge Retreat





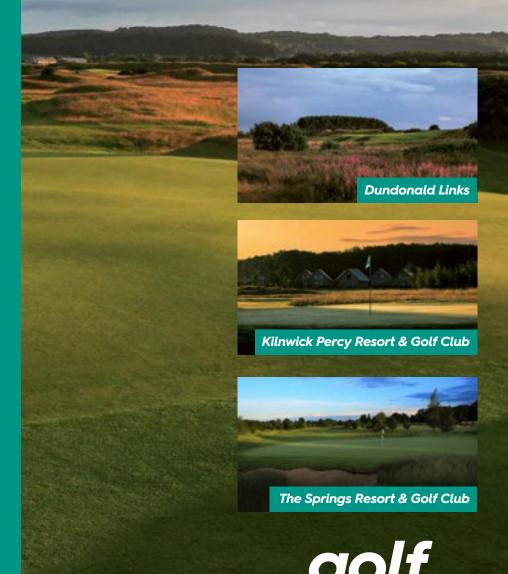
we love

enjoy our luxury golf breaks

Keen golfer? Experience your favourite sport in outstanding natural beauty, with Golf by Darwin Escapes. We offer a choice of three stunning courses across the UK.

You may choose to visit The Springs Golf Club, based in the beautiful Oxfordshire countryside, Kilnwick Percy Golf Club nestled in the magnificent Yorkshire Wolds or Dundonald Links, set in the unparalleled natural beauty of Scotland. Each breathtaking resort offers a challenging and satisfying course, with the very best of facilities, and a warm welcome to all.

Whether you are looking for a golfing break, golfing tuition or annual membership, simply visit www.darwinescapes.co.uk/golf to find out more.



how about becoming part of the team?

Here at Darwin Escapes, we're always looking for another great member to add to one of our resort teams across the country.

From Grounds Workers to Maintenance, from Go Active Instructors to Lifeguards, from Chefs, to Receptionists, to Accountants to IT Wizards – whatever your skill, we would love to hear from you!

We're wherever you want to be, with 24 resorts based in beautiful areas across the United Kingdom. Check out our website if you are interested in finding out about the vacancies we currently have available.

We'd love you to join our team!





These resort rules are in place for the good management of the resort and the benefit of all who use it. These rules apply for the duration of your stay. The expression 'you'/'your' means the holiday guest and the expression 'we'/'us'/'our'/'resort' refers to the resort owner and/or manager.

Your accommodation may not be used for sleeping a number of persons greater than the 'maximum sleeping capacity' stipulated in your holiday booking.

2 It is your responsibility to ensure that all occupants of your accommodation adhere to the resort rules. You are responsible for all the occupants' behaviour whether you are in the resort or not. No under 18s are permitted to stay on their own without a responsible adult being present during their stay.

You and your occupants agree to respond to any reasonable request that from time to time may be deemed necessary by the resort management as a result of circumstances such as, but not limited to; Health and Safety, and Acts of God.

For the protection of all we are entitled to remove anyone from the resort who acts in a manner likely to upset, continuously annoy, or provoke any holiday guest or staff member, and/or who uses racist language, acts in a verbally abusive manner, physically assaults or threatens to physically assault any person, carries a firearm or other weapon, commits any acts of vandalism or arson, or who is guilty of a criminal offence.

5 Please do not discharge into the drains any cooking fats, grease, paints, engine oils and do not dispose in the toilet any nappies, feminine hygiene products, cotton buds, facial wipes or cleaning cloths. All of these foreign objects will block the drain systems and cause inconvenience to other holidaymakers.

6 Please ensure you and your occupants know where to assemble in the event of a fire. Do not store any flammable liquids in or under your accommodation.

We do not permit traders, contractors or salesmen access to the resort except with our prior consent.

Alcoholic drinks may be consumed only in the immediate vicinity of your Accommodation and within the licensed venue of the resort.

No dogs, pets, or animals of any kind may occupy a non-pet unit without the prior permission of the resort manager.

a. Where allowed, all pets must be kept under proper control at all times. Pets are allowed in the dedicated pet area

b. Dogs must be kept on a lead at all times (whilst out of the accommodation).

of the bar.

- **c.** All fouling should be disposed of immediately in an appropriate manner.
- **d.** The following breeds of dog are not permitted anywhere on the resort at any time Pit-Bull Terrier, Japanese Tosa, Dogo Argentino, Fila Brasileiro as well as any other breed at the resort manager's discretion.

10 Smoking/vaping is prohibited in the accommodation and other enclosed areas of the resort.

Holidaymakers are requested to use the designated footpaths and roadways where possible, but where pedestrian access between accommodations is unavoidable such use must always be exercised with due care and attention to the expectations of other holidaymakers at all times.

12 The quiet enjoyment of all other holidaymakers must be respected at all times.

a. Please respect the privacy of other holidaymakers and keep noise to a minimum between the hours of 9.00pm and 12.00am with absolute quiet between 12.00am and 7.00am.

b. Barbecues must finish by 11.00pm. Please check with reception if your accommodation is permitted the use of barbecues.

No motor vehicles are to exceed the speed limit of 10 miles per hour and all drivers must observe all one way systems and directional signage at all times. All vehicles must be parked only in the designated parking areas provided and must have a current MOT Certificate (where appropriate) and current insurance cover. No vehicle is to be left unattended and permanently parked on the resort. No learner drivers. No motor bikes, quad bikes or go-peds are allowed on the resort without the express written permission of the resort manager. This applies to both petrol and electrically driven vehicles. Be aware that all roads are subject to normal highway regulations.

- **a.** All drivers operating vehicles on the resort shall agree to produce their relevant vehicle driving licence and vehicle insurance documents on the request of the resort manager.
- **b.** Driving any vehicle on resort whilst under the influence of drink or drugs is not permitted.
- **c.** The Road Traffic Act applies on all roads and car parks on this resort.
- **d.** The company strongly advise the use of protective clothing for all users of cycles and scooters on the resort, such as helmets and high-vis jackets. Parents are to ensure that

children using pedal cycles and scooters on the resort are supervised by a responsible adult at all times.

Boats and trailers are only allowed on the resort if parked in the designated areas; the destination of which is solely at the management's discretion. Boats and trailers are not permitted to be parked beside any accommodation at any time.

Repair and maintenance of any motor vehicle, boat or similar is not permitted anywhere on the resort.

No vehicle shall be used as an alternative or additional sleeping accommodation.

No structure (including but not limited to) gazebos, lazy spas etc should be placed on the decking area or between the accommodations without the knowledge and approval of the resort manager.

No ball games are permitted on the resort.

Litter must be disposed of in the litter bins provided. Do not leave litter or rubbish next to any full bin. If it is full please use another and inform the reception desk or a staff member that the bin is full.

No business can be operated from the accommodation.

White goods must not be disposed of on the resort.

The displaying of flags is not permitted for any reason.

Washing lines are not allowed on the resort.

7 You must not:

a. Commit any criminal offence at the resort or use the Accommodation in connection with any criminal activity.

b. Commit any acts of vandalism or nuisance.

c. Use fireworks.

d. Keep or carry any firearm or any other weapon at the resort.

e. Use any unlawful drugs.

f. Permit anyone who is to your knowledge on the Sex Offenders Register compiled under the Sex Offenders Act 1997 to use or visit the accommodation.

No vehicles over 5 metres in length and more than 2.2 metres in height, including any; high-sided vehicles, lorries, recovery vehicles, transporters, mini-buses, coaches, articulated tractor units and anything of similar specification are allowed to be parked outside the accommodation.

No motor homes, touring caravans or boats of any kind are to be parked outside the accommodation at any time. The above vehicles will not be allowed to stay overnight on resort property unless it is part of an organised event of contracted works organised by the resort management team.

No remotely piloted aircraft systems or unmanned aerial vehicles, such as drones or model planes, are permitted on the resort.

Please follow good hygiene practices throughout your stay. Wash your hands regularly and look out for our hand sanitiser stations situated around the resort.

winter conditions

During the winter months the resort, accommodation decking and steps can become icy, we do ask that you please take care when:

- · Walking around the resort
- · Walking down your accommodation steps, using the handrails provided
- · Walking around your accommodation's decking, using the handrails provided
- Ensure you have footwear on that will give you grip.

your safety plan

stay calm

On discovery of a fire or other serious incident please follow the steps below to help yourselves and others whose lives may be in danger.

- If you discover a fire or suspect a gas leak - ensure you and the rest of your party leave the property immediately.
- Do not stop to collect any valuables or personal effects.
- Call the fire brigade on 999 and alert a member of resort staff or call the out of hours team.
- Follow the fire brigade's instructions at all times.

- Retire to the nearest fire assembly point on the retreat while the fire brigade attend the incident.
- Do not under any circumstances try to re-enter the home at any time until the fire brigade say that it is safe to do so.
- If you foresee requiring evacuation assistance (e.g. deaf/hard of hearing, mobility needs) please notify reception so we can prepare a PEEP (Personalised Emergency Evacuation Plan)

other incidents

- In the event of other incidents (e.g. injury requiring first aid, security concern) contact the staff/reception who will respond accordingly.
- Should you smell gas leave the holiday home immediately and report from a place of safety.







Don't forget to keep in touch!

we'd love to see you back here soon!

Please leave this information pack in your holiday home for the next guests. We hope you have a wonderful stay with us here at Thanet Well Lodge Retreat.

