

spa days

Spa days available Monday,
Tuesday, Wednesday and Friday

me time

use of the pool, relaxation room,
robes, slippers and towels.

treatment 30 minutes

only available during non-
peak times, with a maximum
of 4 people at a time & customers
may be sharing the relaxation room,
sauna, steam room and pool as these
facilities are shared with holiday guests.

£45
each

£75
couple

spa & afternoon tea

includes use of the pool, relaxation room,
robes, slippers and towels followed by
afternoon tea and a hot drink.

Choose from
Soup of the Day
Falafel and sundried tomato salad
Tuna & Cucumber Sandwich
Chicken & Pesto Mayo Sandwich
Red Onion & Hummus Sandwich

treatment 45 minutes

£65
each

£120
couple

gym *memberships*

£25
per month

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Looking to get in shape for 2022?

Well look no further, we have fantastic gym facilities to help drive your exercise in to the New Year!

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Access to our swimming pool, gym and relaxation room which include the sauna and steam room

Aqua fit sessions, £5 per session
Wednesday's 7.00pm - 7.45pm

Swimming pool will be closed 10th - 23rd January for maintenance

***£20 a month,
for the first 3 months!***

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For the first 10 new members in the new year its £20 per month for the first 3 months

***for more information on this offer,
speak to a member of our team***

