

restaurant allergen information - Main Menu 1 of 2

Toasted garlic ciabatta

Contains: Milk (including lactose),
Gluten - Rye, Gluten - Wheat, Gluten - Barley.
May contain: * Sesame.

Toasted garlic ciabatta with cheese

Contains: Milk (including lactose),
Gluten - Rye, Gluten - Wheat, Gluten - Barley.
May contain: * Sesame.

Chicken liver parfait

Contains: Milk (including lactose),
Gluten - Rye.
May contain: * Gluten - Wheat,
Gluten - Barley, Nuts, Sesame, Gluten - Oats,
Nuts- walnuts, Gluten - Spelt.

Soup of day

Please speak to a member of the team.

BBQ rack ribs

Contains: Gluten - Barley, Gluten - Wheat,
Celery (including Celeriac), Soybean, Mustard.

Marinated mixed olives

No known allergens*

Smoked haddock risotto

Contains: Fish, Celery (including Celeriac), Milk
(including lactose).

Crispy whitebait

Contains: Fish, Eggs, Gluten - Wheat.
May contain: * Gluten - Barley, Milk (including
lactose), Nuts- Almonds, Nuts- cashews,
Peanuts, Nuts- pistachio nuts, Nuts- walnuts,
Nuts- hazelnuts, Sesame, Soybean,
Gluten - Oats.

Burrata bocconcini

Contains: Milk (including lactose),
Gluten - Rye, Gluten - Wheat, Mustard.
May contain: * Gluten - Barley, Nuts, Sesame,
Gluten - Oats, Nuts- walnuts, Gluten - Spelt.

Chicken bbq melt

Contains: Celery (including Celeriac),
Milk (including lactose), Gluten - Barley, Gluten
- Wheat, Soybean.
May contain: * Fish, Nuts- Almonds,
Nuts- cashews, Peanuts, Nuts- pistachio nuts,
Nuts- walnuts, Nuts- hazelnuts, Sesame, Gluten
- Oats

Fish and chips

Contains: Gluten - Wheat, Fish, Eggs, Mustard.
May contain: * Gluten - Barley, Milk (including
lactose), Nuts- Almonds, Nuts- cashews,
Peanuts, Nuts- pistachio nuts, Nuts- walnuts,
Nuts- hazelnuts, Sesame, Soybean,
Gluten - Oats

Chicken makhani

Contains: Milk (including lactose), Celery
(including Celeriac).
May contain: * Gluten - Wheat,
Gluten - Barley, Fish, Nuts- Almonds,
Nuts- cashews, Peanuts, Nuts- pistachio nuts,
Nuts- walnuts, Nuts- hazelnuts, Sesame,
Soybean, Gluten - Oats.

Ribs and wings combo

Contains: Gluten - Barley, Gluten - Wheat,
Celery (including Celeriac), Soybean, Mustard,
Eggs.
May contain: * Fish, Milk (including lactose),
Nuts- Almonds, Nuts- cashews, Peanuts,
Nuts- pistachio nuts, Nuts- walnuts,
Nuts- hazelnuts, Sesame, Gluten - Oats.

Sweet potato and chickpea tagine

Contains: Celery (including Celeriac),
Gluten - Wheat.

Beef and ale pie

Contains: Gluten - Barley, Gluten - Wheat, Milk
(including lactose), Celery (including Celeriac),
Eggs.
May contain: * Fish, Nuts- Almonds,
Nuts- cashews, Peanuts, Nuts- pistachio nuts,
Nuts- walnuts, Nuts- hazelnuts, Sesame,
Soybean, Gluten - Oats.

Spiced lamb kofta

Contains: Milk (including lactose), Eggs,
Gluten - Wheat, Soybean.

Chicken and chorizo spaghetti

Contains: Milk (including lactose), Celery
(including Celeriac), Sulphur Dioxide/Sulphites
10mg/kg or /L, Gluten - Rye,
Gluten - Barley.
May contain: * Sesame, Gluten - Wheat.

10oz. rump steak

Contains: Milk (including lactose),
Gluten - Wheat, Gluten - Barley.
May contain: * Fish, Nuts- Almonds,
Nuts- cashews, Peanuts, Nuts- pistachio nuts,
Nuts- walnuts, Nuts- hazelnuts, Sesame,
Soybean, Gluten - Oats.

Chicken Caesar salad

Contains: Milk (including lactose), Fish,
Gluten - Rye, Gluten - Wheat, Gluten - Barley.
May contain: * Sesame, Nuts- Almonds,
Nuts- cashews, Peanuts, Nuts- pistachio nuts,
Nuts- walnuts, Nuts- hazelnuts, Soybean,
Gluten - Oats.

Halloumi and beetroot salad

Contains: Mustard, Milk (including lactose),
Sulphur Dioxide/Sulphites 10mg/kg or /L.

Chargrilled gammon steak

Contains: Eggs, Sulphur Dioxide/Sulphites
10mg/kg or /L.
May contain: * Gluten - Wheat, Gluten - Barley,
Fish, Milk (including lactose), Nuts- Almonds,
Nuts- cashews, Peanuts, Nuts- pistachio nuts,
Nuts- walnuts, Nuts- hazelnuts, Sesame,
Soybean, Gluten - Oats.

Spaghetti bolognese

Contains: Milk (including lactose),
Gluten - Rye, Gluten - Wheat, Gluten - Barley
May contain: * Sesame.

Four cheese tortellini

Contains: Milk (including lactose),
Gluten - Wheat, Gluten - Rye, Gluten - Barley.
May contain: * Sesame.

Ballotine of chicken

Contains: Milk (including lactose), Celery
(including Celeriac), Eggs.

Fillet of seabass

Contains: Fish, Celery (including Celeriac)
Milk (including lactose).

Margherita pizza

Contains: Milk (including lactose),
Gluten - Wheat.
May contain: * Eggs.

Pepperoni pizza

Contains: Milk (including lactose),
Gluten - Wheat.
May contain: * Eggs.

Vegan supreme pizza

Contains: Gluten - Wheat.
May contain: * Milk (including lactose), Eggs.

Spicy meat feast pizza

Contains: Milk (including lactose),
Gluten - Wheat, Celery (including Celeriac).
May contain: * Eggs.

Cajun chicken and pepperoni pizza

Contains: Milk (including lactose),
Gluten - Wheat, Celery (including Celeriac).
May contain: * Eggs.

Farmhouse pizza

Contains: Milk (including lactose),
Gluten - Wheat.
May contain: * Eggs.

BBQ bacon cheese burger

Contains: Sulphur Dioxide/Sulphites 10mg/
kg or /L, Gluten - Wheat, Eggs, Milk (including
lactose), Soybean, Celery (including Celeriac).
May contain: * Gluten - Rye, Gluten - Barley,
Fish, Nuts- Almonds, Nuts- cashews, Peanuts,
Nuts- pistachio nuts, Nuts- walnuts,
Nuts- hazelnuts, Sesame, Gluten - Oats.

Vegan burger

Contains: Gluten - Wheat, Sesame.
May contain: * Nuts- Almonds, Nuts- cashews,
Peanuts, Nuts- pistachio nuts, Nuts- walnuts,
Nuts- hazelnuts, Gluten - Barley, Fish, Milk
(including lactose), Soybean, Gluten - Oats.

Cajun chicken burger

Contains: Gluten - Wheat, Eggs, Milk (including
lactose), Celery (including Celeriac), Soybean.
May contain: * Gluten - Rye, Gluten - Barley,
Fish, Nuts- Almonds, Nuts- cashews, Peanuts,
Nuts- pistachio nuts, Nuts- walnuts,
Nuts- hazelnuts, Sesame, Gluten - Oats.

Sorbet sundae

No known allergens*

Sticky toffee pudding

Contains: Eggs, Milk (including lactose), Gluten
- Wheat.
May contain: * Nuts- Almonds, Nuts- Brazil nuts,
Nuts- cashews, Nuts- hazelnuts,
Nuts- macadamia, Nuts- pecan nuts,
Nuts- pistachio nuts, Nuts- walnuts.

Warm chocolate fudge cake

Contains: Milk (including lactose),
Gluten - Wheat, Eggs, Soybean.
May contain: * Nuts- Almonds, Nuts- Brazil nuts,
Nuts- cashews, Nuts- hazelnuts,
Nuts- macadamia, Nuts- pecan nuts,
Nuts- pistachio nuts, Nuts- walnuts.

Baked cheese cake

Contains: Eggs, Milk (including lactose), Gluten
- Wheat, Soybean.
May contain: * Nuts- Almonds, Nuts- Brazil nuts,
Nuts- cashews, Nuts- hazelnuts,
Nuts- macadamia, Nuts- pecan nuts,
Nuts- pistachio nuts, Nuts- walnuts.

Eton mess sundae

Contains: Eggs, Milk (including lactose).

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darwin
escapes

restaurant allergen information - Main Menu 2 of 2

Side French fries

May contain:* Gluten - Wheat, Gluten - Barley, Fish, Milk (including lactose), Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

Side sweet potato fries

May contain:* Gluten - Wheat, Gluten - Barley, Fish, Milk (including lactose), Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

Side chunky chips

May contain:* Gluten - Wheat, Gluten - Barley, Fish, Milk (including lactose), Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

Side onion rings

Contains: Gluten - Barley, Gluten - Wheat.

May contain:* Fish, Milk (including lactose), Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

Side garlic ciabatta

Contains: Milk (including lactose), Gluten - Rye, Gluten - Wheat, Gluten - Barley.
May contain:* Sesame.

Side garlic ciabatta with cheese

Contains: Milk (including lactose), Gluten - Rye, Gluten - Wheat, Gluten - Barley.
May contain:* Sesame.

Dressed house salad

Contains: Mustard.

restaurant allergen information - Lunch Menu 1 of 1

Haloumi fries with sweet chilli

Contains: Milk (including lactose), Gluten - Wheat, Soybean.

May contain:* Gluten - Barley, Fish, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Gluten - Oats.

Marinated mixed olives

No known allergens*

Cajun chicken wings with Aioli

Contains: Mustard, Eggs.

May contain:* Gluten - Wheat, Gluten - Barley, Fish, Milk (including lactose), Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

Crispy whitebait

Contains: Fish, Eggs, Gluten - Wheat.

May contain:* Gluten - Barley, Milk (including lactose), Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

Chicken, bacon and bbq ciabatta

Contains: Milk (including lactose), Gluten - Rye, Gluten - Wheat, Gluten - Barley, Mustard.

May contain:* Sesame, Fish, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Soybean, Gluten - Oats.

Cheese and caramelised onion ciabatta

Contains: Milk (including lactose), Gluten - Rye, Gluten - Wheat, Gluten - Barley, Mustard.

May contain:* Sesame, Fish, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Soybean, Gluten - Oats.

Chicken and pepperoni

Contains: Milk (including lactose), Gluten - Rye, Gluten - Wheat, Gluten - Barley, Mustard.

May contain:* Sesame, Fish, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Soybean, Gluten - Oats.

Chicken strips, sweet chilli and cheese ciabatta

Contains: Milk (including lactose), Gluten - Rye, Gluten - Wheat, Gluten - Barley, Mustard.

May contain:* Sesame, Fish, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Soybean, Gluten - Oats.

Bacon brie and cranberry

Contains: Milk (including lactose), Gluten - Rye, Gluten - Wheat, Gluten - Barley, Mustard.

May contain:* Sesame, Fish, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Soybean, Gluten - Oats.

Falafel and sweet chilli

Contains: Gluten - Rye, Gluten - Wheat, Gluten - Barley, Mustard, Sesame.

May contain:* Fish, Milk (including lactose), Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Soybean, Gluten - Oats.

Fish and chips

Contains: Gluten - Wheat, Fish, Eggs, Mustard.

May contain:* Gluten - Barley, Milk (including lactose), Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

Chicken makhani

Contains: Milk (including lactose), Celery (including Celeriac).

May contain:* Gluten - Wheat, Gluten - Barley, Fish, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

BBQ bacon cheese burger

Contains: Sulphur Dioxide/Sulphites 10mg/kg or /L, Gluten - Wheat, Eggs, Milk (including lactose), Soybean, Celery (including Celeriac).

May contain:* Gluten - Rye, Gluten - Barley, Fish, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Gluten - Oats.

Southern fried chicken burger

Contains: Gluten - Wheat, Eggs.

May contain:* Gluten - Barley, Milk (including lactose), Fish, Soybean, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Gluten - Oats.

Vegan burger

Contains: Gluten - Wheat, Sesame.

May contain:* Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Gluten - Barley, Fish, Milk (including lactose), Soybean, Gluten - Oats.

Chicken Caesar salad

Contains: Milk (including lactose), Fish, Gluten - Rye, Gluten - Wheat, Gluten - Barley.

May contain:* Sesame, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Soybean, Gluten - Oats.

Halloumi and beetroot salad

Contains: Mustard, Milk (including lactose), Sulphur Dioxide/Sulphites 10mg/kg or /L.

Margherita pizza

Contains: Milk (including lactose), Gluten - Wheat.

May contain:* Eggs.

Farmhouse pizza

Contains: Milk (including lactose), Gluten - Wheat.

May contain:* Eggs.

Vegan supreme pizza

Contains: Gluten - Wheat.

May contain:* Milk (including lactose), Eggs.

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restaurant allergen information - Children's Menu 1 of 1

Chicken fillet bites

Contains: Gluten - Wheat.

May contain:* Gluten - Barley, Fish, Milk (including lactose), Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

Beef burger in bun

Contains: Gluten - Wheat, Soybean, Eggs.

May contain:* Gluten - Barley, Milk (including lactose), Gluten - Rye, Fish, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Gluten - Oats.

Beef burger in bun

Contains: Gluten - Wheat, Milk (including lactose).

May contain:* Gluten - Barley, Fish, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

Mini fish and chips

Contains: Gluten - Wheat, Fish.

May contain:* Gluten - Barley, Milk (including lactose), Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

Creamy chicken curry

Contains: Milk (including lactose).

May contain:* Gluten - Wheat, Gluten - Barley, Fish, Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

Jacket potato with cheese and beans

Contains: Milk (including lactose), Mustard.

Jacket potato with tuna mayo

Contains: Fish, Eggs, Mustard.

Kids veg and tomato spaghetti

Contains: Milk (including lactose), Gluten - Wheat, Gluten - Rye, Gluten - Barley.

May contain:* Sesame, Celery (including Celeriac).

Kid's chicken salad

Contains: Mustard.

Kids falafel salad

Contains: Mustard.

May contain:* Gluten - Wheat, Gluten - Barley, Fish, Milk (including lactose), Nuts- Almonds, Nuts- cashews, Peanuts, Nuts- pistachio nuts, Nuts- walnuts, Nuts- hazelnuts, Sesame, Soybean, Gluten - Oats.

Margherita pizza

Contains: Milk (including lactose), Gluten - Wheat.

May contain:*Eggs.

Farmhouse pizza

Contains: Milk (including lactose), Gluten - Wheat.

May contain:*Eggs.

Vegan supreme pizza

Contains: Gluten - Wheat.

May contain:*Milk (including lactose), Eggs.