



INHALE AND HARMONISE

AT NORFOLK WOODS

Available Mondays & Fridays. Arrival at 9am.
Use of the spa facilities until 4pm.

The inhale and Harmonise package includes a herbal tea and biscuits on arrival. Use of spa robes, towels and slippers. Use of the family pool, sauna and steam room, a light lunch and a choice of 1 treatment from each treatment options.

CHOOSE FROM:

- Indian head massage (25min treatment)
- Swedish back massage (25min treatment)
- Aromatherapy rose facial (25min treatment)

AND:

- Le remedy hand treatment (20min treatment)
- Zenspa foot treatment (20min treatment)
- File and polish hands (20min treatment)
- File and polish toes (20min treatment)

£90
per person

01760 751 376 | spa@norfolkwoods.co.uk
Pentney, King's Lynn, Norfolk PE32 1HU

*Subject to availability. may not be available during peak times, with a maximum of 4 people at a time. Customers may be sharing facilities with holiday guests.