restaurant allergen information

Items highlighted in yellow indicate where allergens may be present during the cooking process, please speak to a member of the team to discuss how we may be able to adapt certain items to suit your requirements

your requirements																	
Dish	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained
Toasted garlic ciabatta	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Gluten - Barley	* may contain Seasame												
Toasted garlic ciabatta with cheese	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Gluten - Barley	* may contain Seasame												
Chicken liver parfait	Milk (including lactose)	* may contain Gluten - Wheat	Gluten - Rye	* may contain Gluten - Barley	* may contain Nuts	* may contain Seasame	* may contain Gluten - Oats	* may contain Nuts- walnuts	* may contain Gluten - Spelt								
Soup of day	check with kitchen																
BBQ rack ribs	Gluten - Barley	Gluten - Wheat	Celery (including Celeriac)	Soybean	Mustard												
Marinated mixed olives																	
Smoked haddock risotto	Fish	Celery (including Celeriac)	Milk (including lactose)														
Crispy whitebait	Fish	Eggs	Gluten - Wheat	* may contain Gluten - Barley	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazeInuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats			
Burrata	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Mustard	* may contain Gluten - Barley	* may contain Nuts	* may contain Seasame	* may contain Gluten - Oats	* may contain Nuts- walnuts	* may contain Gluten - Spelt							
Chicken bbq melt	Celery (including Celeriac)	Milk (including lactose)	Gluten - Barley	Gluten - Wheat	Soybean	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Gluten - Oats			
Fish and chips	Gluten - Wheat	Fish	Eggs	Mustard	* may contain Gluten - Barley	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats		
Chicken makhani	Milk (including lactose)	Celery (including Celeriac)	* may contain Gluten - Wheat	* may contain Gluten - Barley	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats			
Ribs and wings combo	Gluten - Barley	Gluten - Wheat	Celery (including Celeriac)	Soybean	Mustard	Eggs	* may contain Fish	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Gluten - Oats	
Sweet potato and chickpea tagine	Celery (including Celeriac)	Gluten - Wheat															
Beef and ale pie	Gluten - Barley	Gluten - Wheat	Milk (including lactose)	Celery (including Celeriac)	Eggs	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats		
Spiced lamb kofte	Milk (including lactose)	Eggs	Gluten - Wheat	Soybean													
Chicken and chrorizo spaghetti	Milk (including lactose)	Celery (including Celeriac)	Sulphur Dioxide/Sulphites 10mg/kg or /L	Gluten - Rye	Gluten - Barley	* may contain Seasame	* may contain Gluten - Wheat										
10 oz rump steak	Milk (including lactose)	Gluten - Wheat	Gluten - Barley	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats				

Chicken caesar salad	Milk (including lactose)	Fish	Gluten - Rye	Gluten - Wheat	Gluten - Barley	* may contain Seasame	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Soybean	* may contain Gluten - Oats			
Halloumi and beetroot salad	Mustard	Milk (including lactose)	Sulphur Dioxide/Sulphites 10mg/kg or /L														
Chargrilled gammon steak	Eggs	Sulphur Dioxide/Sulphites 10mg/kg or /L	* may contain Gluten - Wheat	* may contain Gluten - Barley	* may contain Fish	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats		
Spaghetti bolognaise	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Gluten - Barley	Mustard	* may contain Seasame											
Cheese tortellini	Milk (including lactose)	Gluten - Wheat	Gluten - Rye	Gluten - Barley	* may contain Seasame												
Ballontine of chicken	Milk (including lactose)	Celery (including Celeriac)	Eggs														
Fillet of seabass	Fish	Celery (including Celeriac)	Milk (including lactose)														
Margherita pizza	Milk (including lactose)	Gluten - Wheat	* may contain Eggs														
Pepperoni	Milk (including lactose)	Gluten - Wheat	* may contain Eggs														
Vegan supreme	Gluten - Wheat	* may contain Milk (including lactose)	* may contain Eggs														
Spicy meat feast	Milk (including lactose)	Gluten - Wheat	Celery (including Celeriac)	* may contain Eggs													
Cajun chicken and pepperoni	Milk (including lactose)	Gluten - Wheat	Celery (including Celeriac)	* may contain Eggs													
Farmhouse	Milk (including lactose)	Gluten - Wheat	* may contain Eggs														
BBQ bacon cheese burger	Sulphur Dioxide/Sulphites 10mg/kg or /L	Gluten - Wheat	Eggs	Milk (including lactose)	Soybean	* may contain Gluten - Rye	Celery (including Celeriac)	* may contain Gluten - Barley	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Gluten - Oats
Vegan burger	Gluten - Wheat	Seasame	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Gluten - Barley	* may contain Fish	* may contain Milk (including lactose)	* may contain Soybean	* may contain Gluten - Oats				
Cajun chicken burger	Gluten - Wheat	Eggs	Milk (including lactose)	Soybean	* may contain Gluten - Rye	Celery (including Celeriac)	* may contain Gluten - Barley	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Gluten - Oats	
Sorbet sundae																	
Sticky toffee pudding	Eggs	Milk (including lactose)	Gluten - Wheat	* may contain Nuts- Almonds	* may contain Nuts- brazil nuts	* may contain Nuts- cashews	* may contain Nuts- hazelnuts	* may contain Nuts- macadamia	* may contain Nuts- pecan nuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts						
Warm choclate fudge cake	Milk (including lactose)	Gluten - Wheat	Eggs	Soybean	* may contain Nuts- Almonds	* may contain Nuts- brazil nuts	* may contain Nuts- cashews	* may contain Nuts- hazelnuts	* may contain Nuts- macadamia	* may contain Nuts- pecan nuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts					
Baked cheese cake	Eggs	Milk (including lactose)	Gluten - Wheat	Soybean	* may contain Nuts- Almonds	* may contain Nuts- brazil nuts	* may contain Nuts- cashews	* may contain Nuts- hazelnuts	* may contain Nuts- macadamia	* may contain Nuts- pecan nuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts					
Eton mess sundae	Eggs	Milk (including lactose)															

Side french fries	* may contain Gluten - Wheat	* may contain Gluten - Barley	* may contain Fish	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats			
Side sweet potato fries	* may contain Gluten - Wheat	* may contain Gluten - Barley	* may contain Fish	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats			
Side chunky chips	* may contain Gluten - Wheat	* may contain Gluten - Barley	* may contain Fish	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats			
Side onion rings	Gluten - Wheat	Gluten - Barley	* may contain Fish	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats			
Dressed house salad	Mustard															
Halloumi fries with sweet chilli	Milk (including lactose)	Gluten - Wheat	Soybean	* may contain Gluten - Barley	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Gluten - Oats			
Cajun chicken wings with Aoli	Mustard	Eggs	* may contain Gluten - Wheat	* may contain Gluten - Barley	* may contain Fish	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats	
Chicken, bacon and BBQ ciabatta	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Gluten - Barley	Mustard	* may contain Seasame	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Soybean	* may contain Gluten - Oats	
Cheese and caramelised onion ciabatta	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Gluten - Barley	Mustard	* may contain Seasame	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Soybean	* may contain Gluten - Oats	
Chicken and pepperoni	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Gluten - Barley	Mustard	* may contain Seasame	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Soybean	* may contain Gluten - Oats	
Chicken strips, sweet chilli and cheese ciabatta	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Gluten - Barley	Mustard	* may contain Seasame	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Soybean	* may contain Gluten - Oats	
Bacon brie and cranberry	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Gluten - Barley	Mustard	* may contain Seasame	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Soybean	* may contain Gluten - Oats	
Chicken strips, sweet chilli and cheese ciabatta	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Gluten - Barley	Mustard	* may contain Seasame	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazeInuts	* may contain Soybean	* may contain Gluten - Oats	
Falafel and sweet chilli	Gluten - Rye	Gluten - Wheat	Gluten - Barley	Mustard	Seasame	* may contain Fish	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Soybean	* may contain Gluten - Oats	
Southern fried chicken burger	Gluten - Wheat	Eggs	* may contain Gluten - Barley	* may contain Milk (including lactose)	* may contain Fish	* may contain Soybean	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Gluten - Oats	* may contain Gluten - Oats	
Chicken fillet bites	Gluten - Wheat	* may contain Gluten - Barley	* may contain Fish	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats			
Beef burger in bun	Gluten - Wheat	Soybean	Eggs	* may contain Gluten - Barley	* may contain Milk (including lactose)	* may contain Gluten - Rye	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Gluten - Oats	
Halloumi fingers	Gluten - Wheat	Milk (including lactose)	* may contain Gluten - Barley	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats			
Mini fish and chips	Gluten - Wheat	Fish	* may contain Gluten - Barley	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats			
Creamy chicken curry	Milk (including lactose)	* may contain Gluten - Wheat	* may contain Gluten - Barley	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Seasame	* may contain Soybean	* may contain Gluten - Oats			
Jacket with cheese and beans	Milk (including lactose)	Mustard														

Jacket with tuna mayo	Fish	Eggs	Mustard									
Kids veg and tomato spaghetti	Milk (including lactose)	Gluten - Wheat	Gluten - Rye	Gluten - Barley	* may contain Seasame	* may contain Celery (including Celeriac)						
Kids chicken salad	Mustard											
Margherita pizza	Milk (including lactose)	Gluten - Wheat	* may contain Eggs									
Farmhouse	Milk (including lactose)	Gluten - Wheat	* may contain Eggs									
Vegan supreme	Gluten - Wheat	* may contain Milk (including lactose)	* may contain Eggs									