

restaurant allergen information

Items highlighted in yellow indicate where allergens may be present during the cooking process, please speak to a member of the team to discuss how we may be able to adapt certain items to suit your requirements

Dish	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained	Allergen contained
Toasted garlic ciabatta	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Gluten - Barley	* may contain Sesame												
Toasted garlic ciabatta with cheese	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Gluten - Barley	* may contain Sesame												
Chicken liver parfait	Milk (including lactose)	* may contain Gluten - Wheat	Gluten - Rye	* may contain Gluten - Barley	* may contain Nuts	* may contain Sesame	* may contain Gluten - Oats	* may contain Nuts- walnuts	* may contain Gluten - Spelt								
Soup of day	check with kitchen																
BBQ rack ribs	Gluten - Barley	Gluten - Wheat	Celery (including Celeriac)	Soybean	Mustard												
Marinated mixed olives																	
Smoked haddock risotto	Fish	Celery (including Celeriac)	Milk (including lactose)														
Crispy whitebait	Fish	Eggs	Gluten - Wheat	* may contain Gluten - Barley	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Sesame	* may contain Soybean	* may contain Gluten - Oats			
Burrata	Milk (including lactose)	Gluten - Rye	Gluten - Wheat	Mustard	* may contain Gluten - Barley	* may contain Nuts	* may contain Sesame	* may contain Gluten - Oats	* may contain Nuts- walnuts	* may contain Gluten - Spelt							
Chicken bbq melt	Celery (including Celeriac)	Milk (including lactose)	Gluten - Barley	Gluten - Wheat	Soybean	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Sesame	* may contain Soybean	* may contain Gluten - Oats		
Fish and chips	Gluten - Wheat	Fish	Eggs	Mustard	* may contain Gluten - Barley	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Sesame	* may contain Soybean	* may contain Gluten - Oats		
Chicken makhani	Milk (including lactose)	Celery (including Celeriac)	* may contain Gluten - Wheat	* may contain Gluten - Barley	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Sesame	* may contain Soybean	* may contain Gluten - Oats			
Ribs and wings combo	Gluten - Barley	Gluten - Wheat	Celery (including Celeriac)	Soybean	Mustard	Eggs	* may contain Fish	* may contain Milk (including lactose)	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Sesame	* may contain Soybean	* may contain Gluten - Oats	
Sweet potato and chickpea tagine	Celery (including Celeriac)	Gluten - Wheat															
Beef and ale pie	Gluten - Barley	Gluten - Wheat	Milk (including lactose)	Celery (including Celeriac)	Eggs	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Sesame	* may contain Soybean	* may contain Gluten - Oats		
Spiced lamb kofte	Milk (including lactose)	Eggs	Gluten - Wheat	Soybean													
Chicken and chorizo spaghetti	Milk (including lactose)	Celery (including Celeriac)	Sulphur Dioxide/Sulphites 10mg/kg or /L	Gluten - Rye	Gluten - Barley	* may contain Sesame	* may contain Gluten - Wheat										
10 oz rump steak	Milk (including lactose)	Gluten - Wheat	Gluten - Barley	* may contain Fish	* may contain Nuts- Almonds	* may contain Nuts- cashews	* may contain Peanuts	* may contain Nuts- pistachio nuts	* may contain Nuts- walnuts	* may contain Nuts- hazelnuts	* may contain Sesame	* may contain Soybean	* may contain Gluten - Oats				

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