# MANA MILL

LODGE RETREAT

#### **STARTERS**

CHEF'S HOMEMADE SOUP Warm ciabatta	£4.95
TOASTED GARLIC CIABATTA   462KCAL	£4.25
TOASTED CHEESE GARLIC CIABATTA 9 645kcal	£4.75
SMOKED HADDOCK FISH CAKE Poached egg, lemon mayo 587KCAL	£7.95
BBQ PULLED PORK NACHOS Guacamole, jalapeno, tomato salsa, 3 cheese 1079ксаL	£7.95
HONEY BBQ GLAZED CHICKEN STRIPS Spring onion, dressed salad 393KCAL	£7.25
HALLOUMI FRIES  Dressed leaves, chilli jam  471KCAL	£7.50

## SIDES

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£3.95
£3.95
£3.95
£3.25
£2.95

#### PIZZA

BBQ CHICKEN, BACON & 3 CHEESE PIZZA 1329KCAL	£13.50
CLASSIC MARGHERITA PIZZA 1147KCAL	£11.95
PEPPERONI PIZZA 1280KCAL	£12.50
HAWAIIAN Ham, pineapple, cheese 1208kcal	£12.50
VEGAN PIZZA © Peppers, onions, sweetcorn, sun-dried tomato, vegan cheese 1177KCAL	£12.95
MEAT FEAST PIZZA Pepperoni, spicy beef, Cajun chicken 1435KCAL	£13.95
BBQ PULLED PORK Peppers, onions, jalapenos	£13.95

### **BURGERS**

THAI SPICED VEGAN BURGER © Sriracha vegan mayo, fries, coriander colesla 1238KCAL	<b>£13.95</b> W
KATSU CHICKEN BURGER Katsu curry sauce, Fries, Coleslaw 913KCAL	£13.95
BUTCHERS BURGER BBQ sauce, pulled pork, 3 cheeses, onion rings, fries, coleslaw 1810KCAL	£13.95
<b>DELUXE BURGER</b> Southern fried chicken fillet, beef burger, onion rings, fries, coleslaw, cheese	£19.50

#### **MAINS**

1098KCAL

& TARRAGON LINGUINE Grana Padano, garlic ciabatta 1216kcal	£14.95
CHEF'S PIE OF THE DAY Chunky chips, glazed carrots, garden peo	<b>£14.95</b> as, gravy
GRILLED FILLET OF PLAICE Garlic & rosemary roasted potatoes, green beans, lemon caper butter 601KCAL	£14.95
SWEET POTATO, CHICKPEA & SPINACH BALTI	£14.95
Basmati rice, mango chutney, garlic & cori	

Basmati rice, mango chutney, garlic & co	riander naan
GRILLED BACON CHOP	£14.95

1392KCAL	
SLOW ROAST PORK BELLY	£14.95
Mustard mash, black pudding, greens, bab	y onion sauce

Fried egg, pineapple chutney, fries, garden peas

HAND-BATTERED HADDOCK	£14.9
Chunky chips, peas, tartare sauce	
796KCAL	

GRILLED LEMON & GARLIC CHICKEN SALAD	£12.95
Mixed leaves, olives, chopped salad,	
chimichurri dressing	
689KCAL	

BANGERS & MASH	£13.9
Cumberland sausages, mustard mash,	
baby onion sauce, onion rings	
1054KCAL	

10 OZ GRILLED RUMP STEAK	£22.95
Onion rings, chimichurri, chunky chips	

HOISIN STEAK STIR FRY	£17.5
Soy noodles, vegetables, sesame, prawn crack	kers
1105KCAL	

# LOADED FRIES -

PEPPERONI & 3 CHEESE	£6.95
796KCAL	
SOUTHERN FRIED CHICKEN & HONEY BBQ SAUCE 937KCAL	£6.95
BBQ PULLED PORK & 3 CHEESE 1148KCAL	£6.95
CAJUN STIR-FRIED VEGETABLES & VEGAN CHEESE © 676KCAL	£6.95

### **DESSERTS**

STICKY TOFFEE PUDDING 0

Salted caramel sauce, vanilla pod ice cream		
CHOCOLATE BROWNIE  £6.50		
Chocolate & orange sauce, vanilla pod ice cream 539KCAL		
<b>WARM BELGIAN WAFFLE </b> • £6.50  Toffee sauce, glazed banana, vanilla pod ice cream		
663KCAL		

£6.50

TRIO OF SORBET ©	£6.50
Mango, blackcurrant, orange	
234KCAL	
	Mango, blackcurrant, orange

TRIO OF DESSERTS 0	£6.50
Brownie, shortbread, mini doughnuts,	
warm chocolate sauce	
755KCAL	

#### **ALLERGENS AND INTOLERANCES**

Allergen information is available for all of our dishes and ingredients upon request. We also have a variety of vegetarian and vegan options, just look out for the symbols:

VEGETARIAN VEGAN

please speak to a member of our team before ordering