



Ezina Spa

— HAWKCHURCH —

ALMOST EVERYTHING WORKS
AGAIN IF YOU UNPLUG IT
FOR A FEW MOMENTS...
...INCLUDING YOU!



Ezina Spa has perfected the art of relaxation by ensuring that unwinding and taking it easy becomes second nature. This sensibility has been lovingly applied to Ezina Spa at Hawkchurch, making it the perfect sanctuary for relaxation and well-being.

If you are looking for a little pampering or a soothing massage, our highly trained therapists are on hand to offer a range of Aromatherapy Associates treatments and therapies suited for any emotional or physical need.

Ezina Spa also offer a choice of luxurious treatments for the hands and feet through our partnership with Jessica Nails, providing manicures and pedicures for both men and women.

So if you wish to unwind, release a bit of tension, experience a rejuvenating facial or simply need a pedicure or manicure, a trip to Ezina Spa will do wonders and so much more.



dermalogica[®]



BOOKING INFORMATION

Individual treatments will require a pre-payment of 50% of the total treatment charge at time of booking, the remaining 50% will then be charged after your treatment.

Full payment of Spa Packages will be required upon booking.

Please ensure that you arrive at the spa at least 15 minutes prior to your appointment in order to make full use of your treatment time and consultation. If you are having a body treatment we will provide you with a robe, towel and slippers upon arrival. Swimwear must be worn at all times.

CANCELLATION POLICY

Spa treatments must be cancelled within 24 hours prior to booking.

Spa Packages and group bookings must be cancelled within 48 hours prior to booking.

If notice is not given the full cost of the treatment will be charged.

SPA ETIQUETTE

We politely request that you respect other guests and the ethos of the spa. Please switch your phone to silent during your visit. Please leave your personal belongings and valuables in lockers.

MEDICAL & ALLERGY INFORMATION

Some treatments are not suitable for certain medical conditions, please inform us on booking of any pre-existing medical conditions and we strongly recommend you consult your doctor before booking any treatments.

You must declare any surgery that has taken place in the last 12 months before your appointment. If surgery had taken place in the last 12 months your treatment may be cancelled.

Any conditions requiring life maintaining medication will not be accepted.

A patch test may be required 24 hours prior to certain treatments, please consult our spa therapists if you have any skin conditions, such as Psoriasis or Eczema, as well as any other allergies or conditions that may affect your treatment, for example a nut allergy. To avoid disappointment please consult a medical professional and bring a Doctor's note clearing you for any treatments.

Treatments may be cancelled at the discretion of our spa therapists.

TERMS AND CONDITIONS

The minimum age requirement for spa treatments, Jessica Nail treatments and use of spa facilities is 16.

When concerning our range of treatments available for minors under the age of 18, there must be parent's written consent. Parents must sit in the room with their child for the full duration of the treatment. Treatments will not go ahead without parent's written consent.

If you are thought to be under the influence of alcohol or drugs you will be refused your treatment.



MASSAGES

TENSION
RELEASING
AND CALM
INDUCING
PARADISE



THE ULTIMATE AROMATHERAPY EXPERIENCE

This hero treatment starts with an aroma test to allow you to choose the most suitable oil for you. With your chosen oil, your therapist will use carefully applied pressures to stimulate the nervous system, Swedish and neuromuscular techniques to relieve muscular tension, and lymphatic drainage to encourage healthy circulation. This treatment works from your head to your toes, it will dissolve away all of your stress and tension. This is an intense massage ritual drawn from a fusion of eastern and western techniques enabling the therapist to work on your body, mind and spirit.

Choose from either the 60 minute full body treatment or add the facial and indulge in a 90 minute experience. A 30 minute back only massage is also available.

TREATMENT TIMES	60 minutes 90 minutes
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INTENSIVE MUSCLE RELEASE

This deeply restorative treatment is specifically designed for tight, stressed and aching muscles. Swedish and cross muscle fibre massage techniques, with stretching and draining, are combined with essential oils known for their beneficial effects on the circulation.

An intensive massage that works deep into stiff, tight aching muscles to instantly release pain and tension.

TREATMENT TIME	60 minutes
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ULTIMATE BACK MASSAGE

During this tension easing massage your therapist will use carefully applied pressures to the back, neck and shoulders helping to stimulate the nervous system while relieving muscular tension, aches and pains.

TREATMENT TIME	30 minutes
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MASSAGES

LAVA SHELLS

Enjoy a warming back massage, an ideal treatment for soothing aches. Handcrafted porcelain shells containing natural ingredients create heat which enables muscle relaxation and aid pain relief.

A wonderfully relaxing, seamless massage experience.

TREATMENT TIMES 40 minutes

COUPLES MASSAGE

You will both be treated to the Ultimate Aromatherapy Experience whereby your therapists will use carefully applied pressures to stimulate the nervous system, Swedish and neuromuscular techniques to relieve muscular tension, and lymphatic drainage to encourage healthy circulation. This treatment works from your head to your toes, it will dissolve away all of your stress and tension. This is an intense massage ritual drawn from a fusion of eastern and western techniques enabling the therapist to work on your body, mind and spirit.

TREATMENT TIMES 60 minutes

ULTIMATE ROSE PREGNANCY MASSAGE

Feel nurtured and supported in a time of constant change.

Choose from a selection of three oils each safely formulated to be used during pregnancy to nourish and care for your expanding skin. Using the traditional aromatherapy pressure point massage for the upper back and paying particular attention to tight shoulders, this massage helps to relieve stress and tension. The legs are massaged to ease the heavy feeling that can come with pregnancy and a full scalp and facial massage, with treatment oil chosen specifically for your skin type, completes this top to toe treatment.

Back only massage also available.

14 weeks + only. Please talk to a spa therapist before booking.

TREATMENT TIMES 60 minutes

TENSION
RELEASING
AND CALM
INDUCING
PARADISE



AROMATHERAPY
ASSOCIATES
LONDON



Ezina Spa
— HAWKCHURCH —

ULTIMATE DETOX REVIVER

This invigorating treatment is specifically designed for those looking for an intensive body detox. The perfect therapy when you are dieting, feeling sluggish and lacking energy.

The original Revive Morning blend of refreshing grapefruit, stimulating rosemary and diuretic juniper leaves you feeling truly revitalised and your skin will appear bright, smooth and silky.

TREATMENT TIME	60 minutes
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BESPOKE SKIN POLISH

A relaxing all over exfoliation and layering of richly nourishing products, to leave the skin looking radiant and feeling wonderfully smooth.

TREATMENT TIME	30 minutes
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BODY TREATMENTS

INVIGORATING
OILS AND
GENTLE
TOUCHES
LEAVING
YOU BRIGHT
AND SILKY
SMOOTH



AROMATHERAPY
ASSOCIATES
LONDON



Ezina Spa
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ULTIMATE AROMATHERAPY ASSOCIATES FACIAL

A bespoke facial, designed to suit your individual skin needs. A combination of the finest pure essential oils and plant extracts are applied with specifically designed massage techniques, to restore and recondition the skin, leaving the complexion smooth and luminous.

TREATMENT	30 minutes
TIMES	60 minutes

ESSENTIAL ROSE FACIAL

This calming treatment begins with frankincense inhalation and a scalp massage to release muscular tension. Your skin is then cleansed and toned, followed by a traditional aromatherapy pressure point massage combined with lymphatic drainage to release facial tension and congestion. Then, while a hydrating facial mask goes to work, your arms and hands are massaged and your skin is finally treated with a deeply moisturising facial oil and moisturiser.

TREATMENT	60 minutes
TIME	90 minutes

DEEP CLEANSE FACIAL

The perfect treatment for oily and combination skin. Cleansing and exfoliation is followed by steaming, extraction and a hot towel compress to refine the pores. A facial massage using drainage techniques improves circulation and helps eliminate toxins whilst special pressure points ease tension and stress. A freshwater mud mask then draws out dirt and harmful impurities. This treatment also includes a scalp massage and hand and arm massage for complete care and ultimate relaxation.

TREATMENT	60 minutes
TIME	

FACIAL TREATMENTS

NATURAL
SKIN CARE FOR
A RENEWED
AND SMOOTH
APPEARANCE



AROMATHERAPY
ASSOCIATES
LONDON



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THE REFINERY ESSENTIAL FACIAL

A deep cleansing facial using the finest essential oils is also performed to rebalance, clarify and hydrate the skin, leaving it bright, thoroughly clean and refreshed.

TREATMENT
TIMES 60 minutes

INTENSIVE MUSCLE RELEASE

This deeply restorative treatment is specifically designed for tight, stressed and aching muscles. Swedish and cross muscle fibre massage techniques, with stretching and draining, are combined with essential oils known for their beneficial effects on the circulation.

TREATMENT
TIME 60 minutes

THE ULTIMATE BACK MASSAGE

In this tension easing massage your therapist will use carefully applied pressures to the back, neck and shoulders helping to stimulate the nervous system while relieving muscular tension, aches.

TREATMENT
TIME 60 minutes

GENTLEMAN'S HAND TREATMENT

Hands are exfoliated to remove dryness and massaged with treatment creams. Cuticles are conditioned and groomed and nails are trimmed and shaped.

TREATMENT
TIME 40 minutes

GENTLEMAN'S FOOT TREATMENT

A relaxing and grooming foot and leg treatment; hard skin is removed, feet and legs are massaged with deep conditioning creams leaving them softer and smoother. Cuticles will be made neat and tidy and toe nails will be perfectly shaped.

TREATMENT
TIME 45 minutes

MEN'S TREATMENTS

RELEASE TENSION
AND FEEL
INVIGORATED IN
BODY AND MIND



AROMATHERAPY
ASSOCIATES
LONDON



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JESSICA PRESCRIPTIVE MANICURE

Jessica's prescriptive manicure includes exfoliation, massage and cuticle care. Nails are beautifully shaped and treated with a prescriptive basecoat before finishing with the perfect polish.

TREATMENT TIME	45 minutes
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ZENSPA PEDICURE

Choose between energising ginger, calming green tea or revitalising citrus for this luxury foot and leg treatment. Hard skin will be removed, feet and legs will be massaged with deep conditioning creams leaving them softer and smoother, your cuticles will be groomed and your toenails will be beautifully shaped.

TREATMENT TIME	60 minutes
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FILE & POLISH

Nails are filed, shaped and finished with your choice of colour from Jessica's nail polish.

TREATMENT TIME	30 minutes
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GELERATION FILE & POLISH

Nails are filed, shaped and finished with Jessica's GELeration gel polish.

TREATMENT TIME	30 minutes
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GELERATION MANICURE

TREATMENT TIME	60 minutes
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GELERATION PEDICURE

TREATMENT TIME	60 minutes
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GEL REMOVAL

TREATMENT TIME	30 minutes
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PEDICURES
AND
MANICURES

DAZZLING HANDS
AND FEET WITH
A TOUCH OF
COLOUR TO SUIT
YOUR MOOD


JESSICA®


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THE EZINA SPA INDULGENCE

Let us melt away your tension with this indulgent back neck and scalp massage.

The treatment begins with a brush application of warm Rose Hydrating Body Gel to heat up the muscles whilst quenching a thirsty skin. Aches and pains are then massaged away with our luxurious Nourishing Enrich Body Oil containing exotic flowers of tuberose and ylang ylang, known for their mood enhancing properties.

The treatment is completed with an Ayurvedic scalp and shoulder massage helping to clear the mind and organise your thoughts.

The application of Nourishing Enrich Hair Treatment Oil is optional.

This signature treatment designed for Ezina Spa will ease away sore and tired muscles on your back, neck, shoulders and scalp.

TREATMENT
TIMES 60 minutes

MOROCCAN ROSE

Bring back your radiance with this comforting, restorative treatment. Moroccan Rose is a signature treatment, created by Aromatherapy Associates for Ezina Spa, featuring a cleansing olive grain exfoliation to the whole body and traditional aromatherapy full body massage. The face is then cleansed, exfoliated and toned using Hydrating Rose products. This bespoke treatment is completed with a lymphatic drainage massage using Rose Quartz stones.

This treatment leaves your skin radiant, soft and smooth and your spirits bright and uplifted.

TREATMENT
TIMES 120 minutes

ACHING FOOT RELAXER

Refresh and support tired, aching feet after a long day on the go with this specially selected combination of essential oils to stimulate and invigorate. Feet and lower legs are brushed, soaked, exfoliated and refreshed with hot towels before gel and oil are massaged into the skin. Cuticles and heels are deeply nourished with natural plant oils.

TREATMENT
TIMES 30 minutes

SIGNATURE
TREATMENTS

TREAT
YOURSELF
TO A LITTLE
ME TIME


J
JESSICA®


Ezina Spa
— HAWKCHURCH —

SPA PACKAGES

INDULGENT
MOMENTS
DESIGNED
TO RELAX AND
INVIGORATE



HALF SPA DAY FOR ONE

Indulge yourself at Ezina Spa for four hours where you will be treated to a 60 minute treatment of your choice, use of our relaxation room, hydrotherapy pool, sauna and Hammam-style steam room. Afterwards enjoy coffee and cake on the spa terrace.

You may choose any 60 minute treatment up to the price of £70. 90 minute or 120 minute treatments are not included.

TREATMENT TIME	Half Day
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FULL SPA DAY FOR ONE

Treat yourself to a full spa day at Ezina Spa; choose either one 90 minute treatment or one 60 minute treatment and one 30 minute treatment from our extensive treatment menu. Also included is the use of our relaxation room, hydrotherapy pool, sauna and Hammam-style steam room. Afterwards enjoy coffee and cake on the spa terrace.

You may choose any 90 minute treatment up to the price of £110 OR one 60 minute treatment up to the price of £70 and one 30 minute treatment. 120 minute treatments are not included.

TREATMENT TIME	Full Day
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HALF SPA DAY FOR TWO

Spend four stress-busting hours in Ezina Spa with the choice of any of our 60 minute treatments per person, use of our relaxation room, hydrotherapy pool, sauna and Hammam-style steam room. Afterwards enjoy coffee and cake on the spa terrace.

You each may choose any 60 minute treatment up to the price of £70. 90 minute or 120 minute treatments are not included.

TREATMENT TIME	Half Day
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FULL SPA DAY FOR TWO

A full spa day ideal for couples, friends or family wishing to spend a relaxing day in our luxury spa. You will be treated to one 90 minute treatment of your choice per person (or one 60 minute treatment and one 30 minute treatment per person). Immerse yourselves in our Moroccan themed spa, featuring a Hammam-style steam room, sauna, hydrotherapy pool, relaxation room and spa terrace. Afterwards enjoy coffee and cake on the spa terrace.

You each may choose any 90 minute treatment up to the price of £110 OR one 60 minute treatment up to the price of £70 and one 30 minute treatment. 120 minute treatments are not included.

TREATMENT TIME	Full Day
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